

The Guards Star

Governor General's Foot Guards Regimental Association, Box 1212, Station B, Ottawa, Ontario, K1P 5R3
Regimental Website: www.footguards.ca

MARCH 2014

EDITOR: ESTELLE LANE



Message from the President

MWO Marty Lane, CD (Retd)

Here we are into the first week of March already and there is no sign of old man winter letting go, and the weatherman says another month or so of this kind of weather. The Regimental Ball was held March 1, 2014, and I must say that although we did not hold it at the Chateau Laurier this year, we had a very successful evening at the new location. The numbers in attendance were larger than the last one and as far as I am concerned it was a great success. It was held at the Ottawa Conference and Event Center on Coventry Road. The venue was large, prices were reasonable, free parking and the meal was "incredible". Many of the comments that I heard were positive, and hopefully the next Committee will keep this venue in mind when they are planning the next Ball.



Sgt Luc Joly, Marty Lane, Capt Sean Gagnon and Major Darren Hart, PPCLI formerly GGFG

Many thanks to the Ball Committee who helped make this event such a success: Major Chris French, Lt. William Simmond, CSgt. Stephane

Marleau, and Cpl. Angela Beare. Also may thanks to Cpl. Anthony Near and Gdsm. Will Roney for all their hard work registering the Guests.

In the last issue of the Guards Star I mentioned that we were planning a poker night in the Junior Ranks mess. Due to a lot of planning that needed to take place and the time between the Ball and this event MCpl. McGrath and I have decided to postpone this event to a later date. We will keep you posted regarding this event once MCpl. McGrath and I can come up with a suitable date.

The Association Executive will be planning the next reunion dinner for some time in September once the LCC and I can work out a suitable date. We are also working on the changes that have been mandated on all charitable organizations by Canada Revenue Agency and must be submitted by October 2014. These changes will have an effect on the Association in that they will change the way that the Executive of the Association will be made up.

Remember that this is your Association and if you have any suggestions as to how we can improve the Association please speak to any member of the Executive with your ideas and we will discuss it at our Executive meetings.

Message from the LCol Comd

LCol Kevin MacLean, CD, AdeC

As I write this note I look out the window and check the thermometer to see what ski conditions will be like tonight, it is hard to believe it is March and Ceremonial Guard and Summer training are on the horizon. It has been so cold in fact that I had to grow my moustache back. Thanks very much to all that contributed toward the

Movember campaign and raised over \$1200 towards men's health.

In February, we conducted a relief in place of HCol Grete Hale and HLCol (MGen Ret'd) John Adams who relinquished their appointments to HCol Bryan Brulotte and HLCol (MGen Ret'd) Michael Ward. As is tradition, like all past LCCs, our former honoraries will remain on the Regimental Senate and will continue to participate in that capacity, so you will continue to see them on occasion.



(Retd) John Adams with the LCC LCol Kevin MacLean



General (Retd) Michael Ward with the LCC LCol Kevin MacLean. Photo credit to Cpl Mathieu St. Amour CFSU(O) Imaging Services

A huge thanks to Marty and Estelle and the Mess reps who put together the Guards' Ball this year. There was an excellent turn out and a great opportunity to connect with friends new and old. I will be interested in hearing some feed back on the venue. Although nothing can compare to the ambiance and grandeur of the Chateau Laurier Ball

room, the food was excellent and the ticket price was quite reasonable.

In my last note I mentioned addition of the Influence Activities Company to our ORBAT. Although a slow start, things are starting to move; we are in the process of bringing Major Chris Jackson off the Supplementary Reserve to command the company and Brigade HQ is working at identifying vacant positions that can be used to formally establish the company under GGFG command. We are also in the process of returning Captain Jamie Bell to the unit following his diplomatic posting to Nairobi.

I am pleased to see many step forward and volunteer for summer positions at Ceremonial Guard, Meaford and exercise Stalwart Guardian, particularly, to those on Class B and in the civilian workforce. Now is the moment to request the time off and work your military service in to the summer leave plan of your organization. Letters have gone out to all class B employers; if you require a letter to your civilian employer requesting time off, simply ask for one through the chain of command. These opportunities are essential to get the experiential component within your trade that is essential to being a soldier. For those that are MCpl and up, your experience is required to train the next generation.

In our drive to assist members in getting time off for training, we will be hosting an employer appreciation night on Friday 28 March 2014. This is an opportunity for you to bring your boss down, show them a bit of what we do, fire the small arms trainer and have an opportunity in a social setting of the mess to discuss their support of granting time off for training and operations. Invitations have been distributed electronically and returns go direct to Capt. Ryan Barber. Often employers are not aware of what we do and the skills we gain through periodic military service, this is a great opportunity to be one on one with your boss and discuss your future.

I would like to address a message to any of you (serving or past serving) that have regimental or

other kit currently worn by serving members. If you are not using it, return it so others can use it or so we can life cycle it. I recently wrote off a significant amount of kit that could not be recovered after two years of trying by the Quartermaster Stores. Items such as bearskin hats, greatcoats and other regimental items are limited and are of no use unless you are on duty in that order of dress. These items can be returned no questions asked at any time to the Drill Hall. With very few items that members have to purchase, you can assume most items on E Bay are the result of someone who never returned their kit. If you are out of town, we can arrange shipping at no cost.

In closing, I would like to thank all serving members for their service so far this year and look forward to serving with you for the remainder of my term as LCC. To all past serving members I encourage your attendance at the multitude of activities that we advertise such as mess events band concerts, church services and in particular the Annual Reunion in September. I would also encourage your involvement in the Regimental Association and as we work up to the 150th Anniversary, there will be many opportunities to get involved. Once a Guardsman always a Guardsman!

Up the Guards!

Message from the RSM

CWO (RSM) David Snyder, CD

The unit has been progressing well in routine training of all descriptions after a well-deserved holiday break. Held in the middle of winter, Exercise WAITING WOLF in January was a tropical cruise compared to the bitter and frigid GUARD ADVANCE IV held in November! Congratulations to our new Honorary Colonel Bryan Brulotte and Lieutenant-Colonel Michael Ward. I'm sure they will be discussed elsewhere in this publication. The soldiers who were on parade in service dress looked sharp and the drill was fairly together. Good job especially to Corporal Hardinge who won "the stick"!

Ceremonial Guard is approaching quicker than most would care to realise. From Ceremonial Guard headquarters, here is a brief synopsis of how the summer is guaranteed to run (guarantees will not be honoured):

Ceremonial Guard (CG) positions have already been allocated across Canada so get your name in now if you want a position. There will be four platoons – two dressed as GGFG and two dressed as CGG. In general, there will be a six-days-on-three-days-off schedule which will result in equivalent time off when accounting for weekends, annual leave, and holidays.

Due to construction, the Tomb of the Unknown Soldier will not be manned until August 4th, and even then may not be manned by CG. As of the first mount on June 23rd, the C6 machine gun component of the Weapons Detachment Member course will be conducted in garrison and on live-fire ranges in Petawawa (which may provide employment opportunities for class A staff). There will also be opportunity for some to get their driver's permit for civilian-pattern vehicles.

This article is written just prior to the Guards' Ball, so I am hoping that everybody had an enjoyable time at this new but affordable venue. Occasions to get together socially are important to maintain esprit-de-corps and in making contact with members of the other messes to get different viewpoints and explanations.

Keep up the good work, secure your summer plans now before it's too late, and a hearty thanks to the Association for their never-ending support of this great unit.

Editor's Note: For those who are unaware, CWO Snyder did not attend the Guards Ball due to an unfortunate accident that resulted in some broken ankle bones. Here he is waiting to be released from hospital. (Picture included with his permission)



Musical Notes from the Band

LCol Fran Chilton-Mackay, OMM, MSM, CD

After another whirlwind fall the focus of the band's activities was on preparing for a Concert at the Canadian War Museum on Sunday February 9th. Fifteen minutes after the downbeat, chairs were still being brought out by the museum staff to accommodate the large crowd! The Concert was a resounding success as it was a unique chance for the public to hear the band in a concert setting. Cpl Travis Mandel provided a virtuoso performance on a theme and variations fantasy of British Grenadiers for band and trumpet solo.

Other military engagements included the Army Commanders' Annual Mess Dinner at the Army Officers' Mess, the Fanfare Team performing at the Annual Viennese Ball at the Chateau Laurier and our small ensembles for the Conference of Defence Associations Annual General Dinner also at the Chateau Laurier. Brass and reed musicians provided hands on instruction to budding musicians at two NAC Children's Concerts. This event is a lot of fun for the kids and our musicians as the children get to try out the instruments first hand prior to the orchestra concert.

The Band now turns their focus to the 10th Annual Army Ball being held on April 12th. As the Ball will commemorate Canada's entry into World War One the band's routine will depict a typical band performance from the Russell Theatre some hundred years ago when the theatre was widely used as the concert hall to entertain the troops before they headed off.

Weddings continue to be the rage within the band and we wish Sgt. Marianne Vincent well as she ties the knot on Saturday March 28th.

Governor General's Foot Guards Senior NCO and Officer Professional Development Weekend

O/Cdt Arthur Konopka

At 0600 on November 30th, 2013, Senior NCO's and Officers of the Governor General's Foot Guards left Cartier Square Drill Hall for Quebec City to attend a professional development weekend. The weekend consisted of a guided tour of La Citadelle, a presentation at the Plains of Abraham and a Senior NCO and Officer Dining Out in the heart of old Quebec City. The trip was an educational event that provided the opportunity to understand the tactical and strategic decisions of English and French military commanders in the 18th century – specifically related to the events leading up to the Battle of Quebec at the Plains of Abraham and ultimately the founding of a bilingual Canada.



The first event, the guided tour of La Citadelle, began with a detailed briefing of the installation; basic architectural information was given such as the shape of the structure, an explanation of a soldier's life in La Citadelle in years past, and an explanation of its current military use. It is the ceremonial home of the Royal 22nd Regiment, which was the focus of the first museum that the group entered. The building contained artifacts and paintings detailing the regiment's history, heroes and culture. Much of the older equipment, including rifles and canteens, were placed beside the currently

used versions in order to show the evolution of how military gear has changed. The Guards were given time to observe and read about years of history and were then told of the regiment's ceremonial aspects.



CSgt Rob Nevin, 2Lt Luka Normandin and Capt Jesse McCallum

One item that piqued interest amongst the group was a simple rifle. The soldier that carried it inscribed the name of every battle that he had fought in, and the rifle was absolutely covered; wounded,

he was taken to safety without his rifle and did not see it again for many years until he came upon it in a museum. At that point he was able to prove that the rifle belonged to him by identifying the serial code on the bottom and before his death he gave it to the museum at La Citadelle.

The next professional development event took place at the Plains of Abraham pavilion. As the group arrived they were ushered into a room where a man personifying himself as the Marquis de Montcalm walked in – utterly appalled as no one stood to attention on his entrance. General Wolfe was personified in the same way by a different guide and together they explained the battle from both the English and French perspectives. The presentation also had an interactive portion that split the group into two and had them compete against one another; this included mock preparing a canon for fire and guessing the functions of various tools.



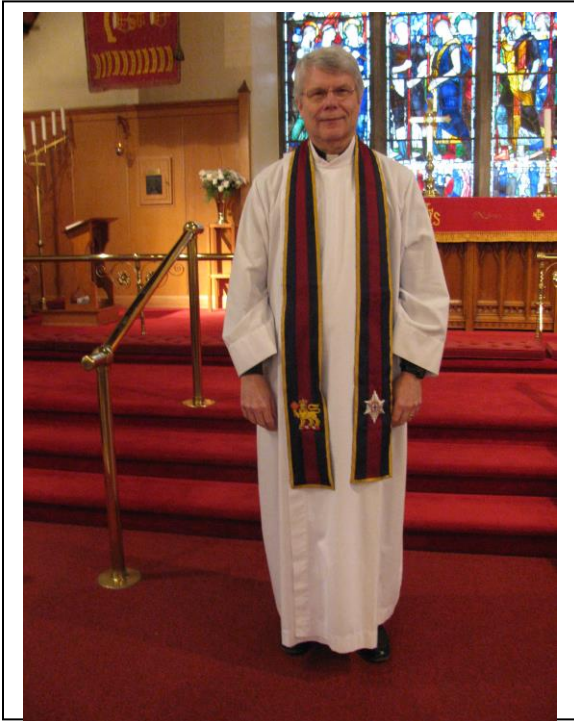
MWO Guy Doucette, Major Vince Quesnel, 2Lt Luka Normandin, Capt. Kayne Carr and Sgt Simon Huang at the cannon

After the presentation the rest of the evening was spent at the D'Orsay, a nice restaurant where the Sr NCOs and Officers were able to socialize in an informal setting. The opportunity was very much appreciated and the benefit of this trip was apparent since getting to know the people that one works with creates better cohesion and therefore a more effective team. This is apparent on parade nights and exercises and, more importantly, future operations.

Regimental Events

Estelle Lane

The annual Regimental Christmas Carol Service and the Children's Christmas Party were held on Saturday December 14, 2013. Both events were well attended and the usual refreshments were provided by the Regiment and enjoyed by all.



Padre Clunie wearing the new Regimental Stole prior to the Christmas Carol Service



The Christmas Party.



After Santa's visit.

CF Appreciation Program

Colin Bayne, Program Manager

The Canadian Forces Morale and Welfare Services (CFMWS) is connecting and reaching members of the Canadian Military Community estimated in excess of over 1 million people. In an effort to track and identify each of their relationships with the Forces, a card was created called CFOne. The CFOne card consolidates the primary functions of all membership based cards on bases and wings across the country and confirms the cardholders relationship to the Canadian Armed Forces (CAF). One card, One Community, One Million Strong.

The main benefits of the card's initial rollout provide members with the ability to collect and redeem points from CANEX Rewards as well as access the CF Appreciation Program discounts.

What kind of deals and discounts? Well, how would you like to have access to spacious accommodations at more than 3,500 locations in more than 80 countries, access to 41 major cruise lines, all inclusive packages and airlines at amazing prices through the [CF R&R Club](#)? How about enjoying discounts to some of your favorite local attractions? Deals on rental cars? Discounts on local dining? Basically, whether you're planning your

next family vacation, shopping for a new car, or just looking for an evening on the town, the CF Appreciation Program has great offers to help you save money and have fun.

The Canadian Forces Appreciation Program is the official discount program designed to give back to the entire CAF community. We have partnered with thousands of businesses across Canada and internationally in order to offer exclusive deals and discounts to members of the Million Strong Community. We have discounts and promotions from coast to coast, and we continue to add new local and national industry partners on the www.cfappreciation.ca web site every day. What are you waiting for? Check out our offers and join today!

(Thanks to Major Marianne Kaduck, [spouse of Capt (Retd) Rob Duncan] for suggesting the inclusion of this article)

Memorials and Tributes

Estelle Lane

THOMPSON, Wilfred Joseph B95862

At Caressant Care Nursing Home, Marmora, on Saturday, April 6, 2013, in his 93rd year. He served overseas with 21CAR (GGFG) and was a life member of the Foot Guards Association.

BROOKES, Douglas James Arthur, CD

Died December 1, 2013 peacefully at Kingston General Hospital in his 84th year. Served 1942 to 1958 with the Royal Welch Fusiliers. Served 1961 to 1978 with Governor General's Foot Guards and Canadian Forces Central Band, and retired as Major with the Reserves in 1987. He was a life member of the GGFG Association.

OUELLETTE, Gaetan Mathias

Passed peacefully at home surrounded by his family, Saturday, December 21, 2013 at the age of 64 years. His teaching career has touched the hearts of several people, including the people from Ottawa Mission and the community television. Gaetan served in the mid to late seventies as a clerk in the Regiment. He served proudly until it was necessary for him to

devote his time to his professional calling, teaching. When he retired Gaetan quickly returned to continue his service to the Regiment through the Association. Gaetan was active on the Executive and as the Officer-in-Charge of the Association kitchen at the Junior Ranks Christmas Dinner.

Memorial service to be held this summer in Ottawa.

WYNNYK, Mary

Passed peacefully on Tuesday, December 17, 2013 at the age of 54. Cherished sister of Terri Bell, sister in law to Jamie Bell, presently posted in Nairobi.

Taylor Vayda Monaghan - Smith

Passed away unexpectedly on Saturday, December 28th, 2013 at the age of 18 months. Beloved Granddaughter of Dennis and Madeleine (Trudel) Smith. Both Madeleine and Dennis served with the Regiment in the 70's.

HARE, Isabelle Maude

Passed away on January 13, 2014 after a life well lived. Beloved mother of Kathleen (Kathy) Erb. Kathy served with the Regiment from 1972 until the late seventies. Kathy took her recruit training on the Summer Student Employment Program (SSEP) during the summer of '72 then went on to Clerk training.

Dennis, Madeleine and Kathy, along with many members of that recruit course, stayed around for many years and still keep in touch with their many friends.

DUFRESNE, Roger

Passed away peacefully on February 16, 2014 in Gatineau. Roger was a WWII veteran. He did not serve with the Guards overseas but joined shortly after the war. He was a life member of both the Association and Sgts. Mess and was a CSM when he left the unit. He left sometime in the late 60's or early 70's. He had a son Louis who was also a member of the Regiment.

*May their souls and the souls of all
the departed, rest in peace*

Chance to win Barbara Ann Scott's Mercedes 560 SL

Tickets are \$100 each. The draw will take place on Barbara Ann Scott's birthday, May 9, 2014 at The Perley and Rideau Veterans' Health Centre.

Barbara's husband Tom King donated the red convertible 1988 Mercedes Benz 560 SL to the Perley Rideau Foundation in memory of his late wife. The Perley Rideau Foundation is offering the classic car, appraised at \$40,000, in a lottery where only 1,948 tickets can be sold.

The number of tickets available commemorates the special year 1948 when she won the European, World and Gold Olympic titles in a six-week period. This was a phenomenal achievement creating Canada's first international star. Barbara Ann Scott was only 19 years old at the time. She remains to this day the only person to hold Canadian, North American, European and World Championships titles and the Olympic gold medal simultaneously.

After Barbara retired from competitive skating, she stayed involved with her sport and the community at large. She was certainly a champion on and off the ice. For us at the Perley Rideau, her involvement turned out to be a long personal relationship as she regularly visited our veterans and other seniors in the Health Centre.

She quickly accepted to be an Honorary Co-Chair of the exciting \$5 million *Building Choices, Enriching Lives* Capital Campaign which is helping to address the need for independent and assisted living for seniors including veterans.

Should you require further information, please do not hesitate to contact the Foundation office at 613-526-7173 or visit www.perleyrideau.ca/mercedes and www.facebook.com/prvhc.

Tickets can be purchased by phone at 613-526-7173. Order forms are also available at www.perleyrideau.ca/mercedes

Submitted by LCol (Retd) Larry Lomas

NEXT ISSUE....

Submissions for the next edition of the GUARDS STAR are due May 20, 2014

Membership

Membership Application and Renewal

<u>Membership Fees</u>	Annual \$25.00
	Life \$100.00

Life membership may be granted to a member of the Foot Guards of a lump sum of money once the member has reached the age of sixty-five (65).

Please return this section to the Association

Name _____
 Address _____
 City _____ Postal Code _____
 Telephone _____
 Email Address _____
 Dates of Service from _____ to _____
 Decorations _____
 Date of Birth _____

Please find enclosed \$_____ for Annual/Life Membership in the Foot Guards Association.

Signature: _____
 Date _____

Applications and dues to be returned to:

GGFG Regimental Association
 PO Box 1212, Stn B Ottawa, ON,
 K1P 5R3
 Attention: Membership Chairman