

GGFG Regimental Association, Box 1212, Station B, Ottawa, Ontario, K1P 5R3 Regimental Website: www.footguards.ca

JUNE 2011 EDITOR: ESTELLE LANE

### **Message from the President**

MWO Marty Lane, CD (Retd)

Since the last Guards Star some things have taken place or are in the planning stages for the future. The Association Board of Directors held its semi-annual meeting in May and was made aware of what the Executive has in store for the future of the membership. We are now working on an endowment fund for the Regimental Family, more about this fund explaining its function and the changes to the by-laws to be voted on at the next Annual General Meeting in September are further on in this newsletter. The executive has started planning for a number of events that will take place over the coming months. With the advance notice for these events it will give all members time to plan to attend.

On Wednesday May 18<sup>th</sup>, a joint Canadian Guards and Foot Guards Association luncheon was held at the Army Officers Mess on Somerset St. Approximately fifty members from both associations were in attendance including our H/Col Grete Hale. A was a good occasion to renew acquaintances and seemed to be enjoyed by all who attended. It is our intention to have a few more of this type of event.

The next event is the reunion dinner which will be held on the weekend of September 23-24, 2011 and will consist of the AGM followed by a meet and greet on Friday evening. The reunion dinner itself will be on Saturday evening following a short memorial service at the Sharpshooter Monument. These events are mixed events so bring your wife or lady friend out for an evening of dining and dancing pleasure as there will be a disc jockey available following the dinner. The cost of \$50.00

per person includes both the meet and greet on Friday as well as the dinner on Saturday.

Another event will be a band concert put on by Our Regimental Band and the Central Band of the Canadian Forces, as well as pipers from different bands, at Nepean Center Point Theatre. This concert is to commemorate the 60<sup>th</sup> Anniversary of The Coronation of Her Majesty Queen Elizabeth II. The concert will be held on February 5<sup>th</sup>, 2012 which is a Sunday and also is the day before the actual anniversary. The cost for this concert will be \$25.00 per ticket.

The last of the events being planned at present will be the Regimental Ball to be held in February of 2012. The venue for the Ball will in all likelihood be the Chateau Laurier. The cost and exact date are at present being worked on by the executive in consultation with the LCC. If there are objections to the venue they should be made to the Association executive as soon as possible.

It has been noted that in previous editions of the Star I finish my article with the statement that if you have any suggestions on ways to improve the Association that they should be forwarded to members of the Executive.

As was pointed out at a recent executive meeting the members of he Association Executive are possibly not known to the all members of the Regiment. So with that in mind I am listing the Association Executive and their respective titles within the organization as well their e-mail address.

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<u>Secretary</u>

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#### Chief Financial Officer

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In closing I would like to wish each and every member of the Regiment no matter what they are doing this summer a safe and enjoyable summer. Just remember you are wearing the Cap Star of the finest reserve Regiment in Canada. UP THE GUARDS!!!!

# Message from the LCol Comd

LCol Derek Cheff, CD, AdeC

Fellow Guardsman,

On the 15<sup>th</sup> of May, Major General (retd) Bob LaRose passed away at the age of 85. A member of the Regimental Senate, General LaRose held the appointment of Honourary Lieutenant Colonel in the early nineties. During his tenure his role and influence had a significant and lasting impact on the culture of the Regiment. His quiet guidance and exceptional interpersonal skills prepared the Regiment's leadership for the era of Unit Viability Testing and regular international deployments. No funeral was held for General LaRose, but the Regiment will have appropriate representation at the memorial service that will be held in Kingston sometime this summer.

Looking ahead, many of our serving members are now on summer tasks to Ceremonial Guard, officer training and other miscellaneous activities across the country. For Regional Summer Training, the Area is again struggling to achieve the full slate of instructors required to run all of its planned courses in Meaford. Without additional contributions from across the Area, there is a real risk of course cancellations. As such, I look to the NCO's and officers to take a final look at their calendars with a view to providing incremental support to summer tasks wherever possible.

While summer stand down is officially June 7<sup>th</sup>, be assured that your company commanders will be beavering away throughout the summer to complete company plans for the next training year. September will see two important new full time members working at the Drill Hall. Operations Officer, Captain Shawn Wardell was posted to the Regiment from 3 RCR earlier this month, but he was promptly tasked to Ceremonial Guard. In July, Sergeant Wayne Brunt will be posted from the Canadian Embassy in South Korea to the position of Chief Clerk. By virtue of the Regiment's Territorial Battle Group task, we will now have a complete slate of Regular Force Cadre for the first time in many years. Gentlemen, welcome to the Regiment.

Not satisfied with the leisurely pace of summer activities, unnamed parties convinced me that it would be a good idea for the Regiment to take the lead on coordinating LFCA's participation at Canadian Forces Small Arms Shooting Competition (CFSAC). As a result, between now and late August, the Shooting Team will not only be engaged in team preparation for CFSAC, it will plan and execute the build-up training and participation of personnel from all three brigades in LFCA. This is another excellent opportunity for the Regiment to take a leadership role, while highlighting our very deep talent pool in marksmanship. We expect outstanding results.

The summer will also see the deployment of Lieutenant-Colonel Rob Foster and Major Morgan

Hladik to Afghanistan and Sudan respectively. I encourage everyone to maintain contact with Rob and Morgan, and their families. Gentlemen, on behalf of the Regiment, good luck, and have a safe tour.

As a final administrative note for serving members, Personal Readiness continues to loom large. Whether or not you are on summer training or taskings, you need to remain fit, mentally engaged, and prepared for short-notice requests for domestic deployments. Once we hit September, the Regiment's calendar will be packed. members know, personal deployability is measured by your Personal Readiness Checklist, which you can access through various means. You need to know where you stand on the PRV checklist, and you need to take the necessary action to keeping it up-to-date. Doing so will directly enable personal and unit readiness to deploy, and will save the BOR significant time in the fall.

As a final note, I would like to thank all members of the Regimental Family, serving and otherwise, who have enabled us to achieve an outstanding training year that was peppered by a wide range of important regimental events and extracurricular activities. To all of you and your families, thanks for your support and commitment to the Regiment, and have a safe and productive summer.

*Up the Guards!* 

# Message from the RSM

CWO A McKenzie, CD

On April 30<sup>th</sup> the WOI Keating Club once again held its annual Cut Knife Hill Dinner to commemorate our first battle honour and the Regiment's first casualties. I am sure that DSgt Snyder, as President of the Mess Committee, will have all the details in his Sgt's Mess article. I wanted to emphasize the number of previous mess members and ex-Foot Guards comrades that attended the dinner. In recent years we have seen a falling off of attendance as we have been slowly

losing our WWII members and we have had trouble attracting retired members from the 1980s to present. This year we saw a significant number of these lost souls and hope to continue to see them in the future.

Events like the Cut Knife Hill Dinner and the Annual Association Dinner are great venues to catch up on what is going on in each other's lives and of course reminisce about all the interesting times we have experienced together. I therefore encourage all the members to get out to these great events and keep in touch with your fellow Guardsmen.

If you are reading this article you are probably already an Association member as the Guards Star is one of the many advantages of being a member. The Association at this time has only 25 paying members outside the serving and life members. I therefore encourage those of you out there to reach out to any fellow guardsman you are aware of who are not a member of the Association and get them in the fold. Those serving members should also seriously consider running for a position on the Association executive in the fall or volunteering to assist on one of the committees. To assist the Association the Regiment will be putting in place a procedure during the outclearance process to remind the serving members that they should seriously consider remaining a critical part of the Regimental Family by continuing to be an Association member upon their departure. It's great deal for \$25/year.

I wish all those on course and on taskings a successful summer and those with some leave a relaxing time.

#### **Musical Notes from the Band**

LCol Fran Chilton-Mackay, OMM, MSM, CD

The Band had a busy April and May performing on several occasions throughout the Nation's Capital, including The Army Ball at the Hilton Lac Leamy, the Annual ANZAC Day Ceremony at the Canadian War Museum, the Governor General's Performing Arts Awards Investiture at Rideau Hall and Gala the next night at the NAC, and several Mess Dinners about town.

Their performance at the Army Ball received rave reviews including immense praise from His Excellency the Governor General and Her Excellency Mrs. Sharon Johnston who were in attendance. Their rendition of Leroy Anderson's classic composition "The Typewriter" brought the house down. This included Cpl Bouchard acting the part on an old Remington manual typewriter, and percussionists MCpl Temple as 'the keys', Musician Tait as the "carriage return" and Cpl Bebyck as the "bell" with some help from the Assistant Chief of Land Staff, MGen Howard to boot! The photos say it all! If you google "Jerry Lewis and Typewriter" you will see firsthand what the band re-enacted.





The finale of the evening involved our musicians performing with others from Les Voltigeurs de Québec, The Cameron Highlanders of Ottawa and the Army Voices. It featured our own MCpl Shaw performing a vocal duet with Cpl Craig Kennedy from the RCMP in a piece called "Standing Strong and True". The Governor General was the first to his feet as the entire crowd of 940 gave the musicians a standing ovation.



Eight members of the band have been tasked to the Band of the Ceremonial Guard for the summer. Cpl Zaichkowski was tasked as the French Horn instructor at the School of Music in Borden and eight musicians will receive training there between April and August. We welcomed Musician Olivier Trahan (brother of Cpl Patrick Trahan) to the band upon his completion of is BMQ and soon to be Musician Olivier Brisson (brother of Cpl Maxime Brisson) when he completes his Basic Training by the end of May. Sgt Kris Richardson and his wife will be taking a two year posting at a school in Seoul, Korea starting this fall. Kris has been our principal trumpet, and musical leader of both the Brass Quintet and the Fanfare Team for several years. We wish him well and look forward to his return in 2013 which we will hold him to! Good trumpet players are not easily found and he will certainly be missed.

Several engagements are still forecasted through the end of June and the band will once again provide the music at the Fort Frontenac Staff College in Kingston in July marking the end of the year long Reserve Army Operations course.

For the fourth year in a row the band has been asked to perform for the RCMP Sunset Ceremonies, being held nightly from Wednesday June 22<sup>rd</sup> to Sunday June 26<sup>th</sup> at the RCMP Stables. Members of the Central Band of the Canadian Forces will be joining the band. Don't miss this great event. Hope to see you there.

### W.J. Keating Club

MWO Dave Snyder, CD

The annual Master Corporals' Night was held on March 4<sup>th</sup> to allow the members of the Sergeants' Mess to show their appreciation for their hard work during the training year. Held in the mess, the participants received a presentation on leadership from guest speaker WO Lambert, who is currently with 33 CBG HQ and has an extensive and interesting background. The merits of the presentation and other topics were discussed over beers-of-the-world. It was announced that Master

Corporal ML Bonneville had won the coveted Master Corporal of the Year award through a vote of the Senior NCOs. The award was nearly revoked upon learning that MCpl Bonneville could not attend the event.

The next social function was the Cut Knife Hill Dinner held on April 30<sup>th</sup>. Sgt Kowlessar - the senior Mess Functions Committee member - and his crew prepared and executed a quality event that entertained a larger-than-normal gathering. Mr. Tony Kellet, a historian working at National Defence Headquarters, gave an interesting account of the historical development of messes, focusing on sergeants' messes. Also that evening, Major Morgan Hladik, former Sergeant-Major, presented the mess with a custom-made pace-stick holder made from former wooden components of the mess itself.

On Saturday, June 4<sup>th</sup>, the mess will celebrate the Regimental Birthday with an informal BBQ at the mess. Family members are invited to attend.

Sergeant Trevor Thomlinson was finally promoted to Colour Sergeant after recently starting a new full time position at the Army Headquarters intelligence branch. MCpl Bonneville was invited to the mess to accept his award from MCpls' Night, only to discover that he was being promoted into the mess as well. Welcome, Mat, and congratulations Heavy T.

The bell was rung several times on March 22<sup>nd</sup>, as members received recognition for previous service. The RSM received his Operational Service Medal for his tour in Sierra Leone, Colour Sergeant Greg Witol and Sergeant Yanick DiCesare received the bar to their Canadian Forces Decorations (CD), and Sergeant Marianne Vincent received her CD.

Sergeant Dom Kowlessar supervised as his wife gave birth to a daughter over the May  $14^{th}/15^{th}$  weekend, naming her Thea Amari. Congratulations to the entire Kowlessar family.

With the approach of summer, some mess members have commenced or are preparing for their full-time summer employment. At Ceremonial Guard are Colour Sergeant Tim Woods and Sergeants Tim Perry, Luc Joly, Mat Bonneville, and Tim VanVeen. Working in the standards cell in Petawawa is Sergeant Kim Roos. Good luck to them and all members of the mess in whatever you and your families are doing.

### Welcome to Grete Hale Honourary Colonel Governor General's Foot Guards

Wayne Younghusband, CD



It seems 'Col Grete' was destined to be one of us and it happened with her appointment in January of this year.

From earnest beginnings working as the early morning chef at the Guardsman Restaurant on Rideau Street, while completing a journalism degree at Carleton College (now University), Grete Hale has risen to become one of our community's foremost leaders. Her many achievements are the result of hard work and a commitment to helping others, qualities learned through pioneering family roots in the Ottawa area dating back to 1818.

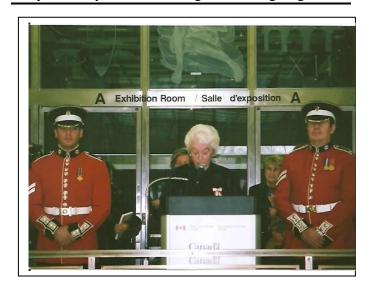
The Order of Canada is one of the many honours awarded to Col Grete for her lifelong efforts to helping others. She has received the Woman of Distinction-Mayor of Ottawa's Award for Community Service, YM-YWCA Lifetime Achievement Award. Canadian Women

of the Year Award-Lifetime Entrepreneur Achievement Category, and Scouts Canada Foundation National Salute Award. In 2005, she was appointed an honorary member of the Board of Governors of the University of Ottawa. She is Chairman Emeritus of Morrison Lamothe Inc., a national family frozen food company. She has served on numerous national corporate and provincial boards and continues to be an active volunteer in dozens of Ottawa organizations, Beechwood including Chair of Cemetery Foundation and on the board of the Community Foundation of Ottawa. She received an Honorary Doctorate from the University of Ottawa in 1999, and her alma mater Carleton University in 2009. Col Grete recently published her story - 'Baker's

Col Grete recently published her story - 'Baker's Daughter: The story of a long, rich and very Canadian life'. Recommended reading for an amazing family story.

The Regimental family is delighted and proud she agreed to serve with us.

On February 13, 2011, Honorary Colonel Grete Hale held a book launch at Library and Archives Canada. Col Grete, as she is known to the Regiment, talked with those gathered and signed copies of her life story "A Baker's Daughter". As Honorary Colonel for the Governor General's Foot Guards she had asked for our presence to be known and to share in the celebration. Cpl Michael and Cpl Gray stood by her side throughout the signing.





Photograph by kronickphotography.com

Corporal Ann Gregory was recently featured in the Spring/Summer 2011 edition of Healthwise Ottawa in an article dealing with the relationship between music and health. In her interview she mentioned the importance of staying fit, and the interrelationship between music and emotions, particularly with regard to playing the Last Post.

# **Number One Company**

By Major Chris Lynam, CD

Throughout the spring, the training tempo for Number One Company remained as it had throughout the whole year: high! In the middle of March, members of the Coy participated in 33 Canadian Brigade Group Exercise Wolf Pack

Endeavour in Gogama, Ontario. Training focused on winter warfare including survival training. At the end of the month, the coy deployed to Petawawa where it conducted live-fire offensive operations at Training commenced at the section level. individual, team and group movement and then culminated with a section advance to contact on Sunday involving four entrenched reactive targets contacted the advancing section from approximately 250 metres. Section commanders had to direct the use of M203-fired grenades, control the rates of fire of their C9s, call in for C6 support, as well as direct the use of popper grenades and smoke for cover. Once they managed to clear the two enemy trenches, the section was contacted from the depth of the enemy's defensive position, and the section commander had to respond accordingly.



The combination of live fire with multiple weapon systems, dynamic ranges, reactive targets, and good leadership, made this one of the most enjoyable and well attended exercises this year (despite the winter like weather (-18 Celsius on Saturday morning)).

In April, the focus switched to offensive operations at the platoon and company level in a combined exercise with the Cameron Highlander's of Ottawa supported by 33 Signals Regiment and 28 Medical Company in Petawawa. Despite hostile weather conditions of rain, freezing rain, hail and heavy snow (all in one day), the company completed all of its tasks that included platoon hasty

attacks, a company attack, recce patrols and culminated with a company level ambush on Sunday morning.



From May 13-14, the Company deployed to Petawawa to practice navigation and field craft skills as part of an escape and evasion exercise. After being assisted in escaping from the Opposing Force (OPFOR), soldiers had to move to a number of locations in the training area where they linked up with partisan forces and were provided with supplies and instructions on how to get to the next The exercise proved extremely challenging for most, particularly when faced with a highly capable OPFOR that was very adept in tracking down and recapturing the escapees. Congratulations to Master Corporals Huang, Makela, Daniow, Corporals Emery, Gray and Bellefleur who successfully eluded detection and capture and arrived at the final safe house in the allotted time.



In addition to weekend training, the coy and other member's of the Regiment conducted a 5 km run on April 26 as a test of fitness. The run was preceded by the annual Erno Kiss 100 metre run. Despite the heavy rain, participants appeared to enjoy themselves. Congratulations to Cpl Murawsky and MCpl Hadavand-Mirzaie as the top male and female runners in the 5km race and to Cpl Murawsky for winning the Erno Kiss 100m run. Tuesday evening training in May also included a stalking exercise and close quarter battle shooting at Connaught and an orienteering event at Mooney's Bay/Vincent Massey's Park. It was a great finish to the training year before members heading off on courses or off to Ceremonial Guard.

As this will likely be my last Guards Star write up as OC 1, I would like to thank my Company Officers, my Company Sergeant-Major, Senior NCOs and all ranks for their efforts over the last year. It was a pleasure and an honour to serve as your Company Commander over a very a busy year with nine training weekends (plus adventure training and several Brigade exercises) and numerous Tuesday night events outside the drill hall. I certainly asked a great deal of you all and you performed brilliantly under some exceptionally challenging circumstances (e.g., snowing on seven of nine weekends). I ask that you continue to provide the same level of effort and dedication going forward.

Up the Guards!

## 2784 RC (Army) Cadet Corps

Major Silver Buckler, CD

The second half of this year's training seems to have gone by faster than the first. We continue to implement the new Army cadet training programme for the Silver Stars (third-year), and continue to adapt to the reorganization of the officer staff. In addition, we have also reorganized the reporting structure of the cadet staff as well!

This year marks a milestone in the cadet movement, with the end of the National Star

Certification Exam (NSCE). This standardized testing was the mark of leadership qualification for the Army Cadets. It is being replaced by the National Star of Excellence, whereupon the cadets will be measured by different criteria and in a different fashion. However, we were able to achieve 10 graduating NSCE cadets in this, the final year, all of whom did very well at the final phase of testing in CFB Trenton.

We have had many promotions and appointments recently, with a large number of cadets graduating to the senior cadet level as Sergeants. In addition, with the retirement of CWO Jaqueline Surges, we have seen the appointment of a new RSM, CWO Alana Ali. As well, MWO Angus Baynham-McColl has been appointed DSM of the unit.

We are beginning to get our travel orders for summer training for cadets. We have been quite successful so far, with a good proportion of our applicants selected to go to camp. We have been offered several advanced training opportunities in places such as Banff and Wales. In addition to our regular training courses, we have also had many cadets offered contracts for summer staff employment local summer training at establishments. I guess word has gotten around Guards make good leaders!

This year, the cadets were given a unique opportunity. Ten area Army Cadet Corps, a contingent from RSCU(A) and Encounters with Canada youth participated in a sit down dinner, followed by a formal youth parade and overnight vigil at the National War Memorial and Tomb of the Unknown Soldier on Friday April 8th. The parade was officially hosted by the Department of Veterans Affairs, reviewed by the Governor General. Total youth participation was over 400! GGFG cadets were part of the parade, and the overnight vigil. The cadets felt it was a meaningful experience, and are hoping it becomes an annual event.



Although the cadets are winding down the training year, they still have several events ahead of them. They will have their Graduation ceremony on May 25<sup>th</sup>, and their Annual Ceremonial Review on June 8<sup>th</sup>. In addition, they will be doing a fundraising Wake-a-Thon on June 4<sup>th</sup> and a training year close-out on June 12<sup>th</sup>, where they will be going white water rafting.

Running the cadet programme would not be possible without the community. In recognition of the support they have received so far this year, we would like to thank the Kiwanis Club of Canada, Branch 595 Strathcona Royal Canadian Legion, the Army Cadet League of Canada, Support Committee, Officers, Volunteers, and of course the Governor General's Foot Guards. Without their help, we would not be able undertake all the training we do!



Former Members of the Regiment Col Mark Matheson, Mr Andrew Rasiulis, MGEN David Fraser and Capt Joe McNulty at 7 Rideau Gate, as guests of General Walt Natynczyk, the CDS at a dinner 11 May 2011 to honour Major General Antony Anderson the Jamaican CDS visit to Canada.

## 150<sup>th</sup> Anniversary – 2022

Marty Lane, CD

As mentioned in the last Guards Star, the Regiment will be celebrating its 150<sup>th</sup> anniversary in the year 2022. The Association has begun preliminary planning to mark the occasion, and has started a special anniversary fund. Several donations have already been received from members of the Association, but we will need much more funds to realize our tentative plans. Some of the projects include completing the memorial plaques for the VC winners, creating a memorial garden in front of the Drill Hall, just to name a few. Anyone wishing to donate to this fund may do so by sending cheques to the Association and marking them for this purpose. Income tax receipts will be sent out for all donations regardless of size.

#### **Endowment Trust Fund**

Wayne Younghusband, CD, Chief Financial Officer

Elsewhere in this issue of the Guards Star is a notice of a proposed bylaw amendment to be submitted to the membership for acceptance at our 2011 Annual General Meeting. If accepted, the amendment authorizes the creation of an Endowment Trust Fund, to be known as the Sentry Fund.

To assist those members who may wish to make a bequest of a lasting nature to the Regiment, retired LCCs Larry Lomas and Roy Longbottom were asked to write a bylaw amendment establishing the endowment fund. The result of their work is the draft bylaw for the Sentry Fund.

The main characteristics of the Sentry Fund are that the principal is protected, will be managed by three trustees and operate in a separate bank account. The trustees may distribute the income of the fund for Regimental purposes and each year the fund will publish the results of its operations.

The origins of the Fund are due to the thoughtfulness of Guardsman Bonner Barclay Lowson. Bonner served with the Regiment in NW Europe during WWII, and was a Life Member of the Foot Guards Association. He attended many Association reunions over the years and was a regular contributor to the Association Welfare Fund. Bonner passed on 16 March 2008. According to his instructions the residue of his estate was bequeathed to the GGFG Foundation, now the GGFG Regimental Association, in January of this year.

It's fitting that when the bylaw is approved, the first bequest to the Sentry Fund will be that of Guardsman Lowson.

So now there are two choices for those considering a financial donation to the Regimental Association; the Sentry Fund where the donation/bequest becomes part of the protected principal, or the Association's General fund for use in our operations.

### PROPOSED AMENDMENTS TO GGFG REGIMENTAL ASSOCIATION BY-LAWS

**J**.A. Summerfield, CD, Secretary

Following the bequest from Bonner Lowson, it was proposed that the Association set up a fund to provide a vehicle for bequests/donations that will generate income but not utilize the main capital. In accordance with the amending provisions in the By-Laws (current Article 36), the following amendment creating a new Article 36 is put forward for the membership to for their consideration:

- 36 Endowment Trust Fund
- 36.1 The purpose of the Endowment Trust Fund ("Trust") is to provide a vehicle for bequests/donations that will accumulate and preserve a pool of capital, the income from which will be used to finance activities of the Governor General's Foot Guards ("Regiment"). The Trust will be held within the Governor General's Foot Guards Regimental Association ("Association"). Tax receipts can be provided by the Association if requested for capital donations.
- 36.2 The trust shall be known as the Sentry Fund.
- 36.3 Definitions:
- 36.3.1 Regiment shall be defined as the wider regimental family which shall include, but not be limited to, the serving battalion, the Cadet Corps, and the Association:
- 36.3.2 Association shall be defined as the Governor General's Foot Guards Regimental Association;
- 36.3.3 Cadet Corps shall be defined as the Regimental (2784) Cadet Corps; and
- 36.3.4 Activities are broadly defined, but shall exclude expenditures on food, drink and hospitality.
- 36.4 The Trust will be governed by three Trustees, appointed for three year staggered terms, by the Association Executive. The Trustees shall not be members of the serving battalion.

36.5 The capital will be invested only in federal/provincial bonds and/or instruments within the bank used by the Association.

- 36.6 Requests for financial assistance will be presented in writing to the Trustees for consideration. A majority decision by the Trustees will be final.
- 36.7 The Trust's assets will be administered from a separate bank account with financial signing authority consisting of two signatures; one of either the President or Chief Financial Officer and any one of the Trustees.
- 36.8 An audited financial report will be presented to the Association Annual General Meeting. A summary of the Trust's annual operations will be published in the Guards Star
- 36.9 Should the Regiment be reduced to nil strength and the Association disbanded, all funds in the Trust shall be donated to the Canadian War Museum.

All subsequent Articles would be re-numbered. These proposed amendments will be discussed at the AGM and be put forward for adoption.

# 95<sup>th</sup> Anniversary of Vimy and Canadian Battlefields Tour April 2012

Capt R.J. Duncan, CD

My wife Marianne and I have been working with the CAA and Trafalgar Tours and we have arranged a 10 day package tour to visit many World War One and some World War Two sites. In a nutshell, the plan is to depart Ottawa for Paris on Tuesday 03 April 2012. The first day is yours to relax, but our second day in Paris will include a tour of some of the sights. On day 3 we depart for Caen and Juno Beach. After spending the night in Caen, on day 4 we make our way to Dieppe. On day 5 we depart for Arras, where we will spend 2 nights. We will spend much of Monday April 9th, the 95th Anniversary of one of Canada's most famous battles, on and around Vimy Ridge. On day 10 we depart for Ypres, Belgium visiting battlefields and

cemeteries as we go. Day 11 will find us departing for London making a stop or two along the way. Our last three nights will be in London where we will spend two days touring. (I have a flyer with a more complete explanation of the itinerary available upon request. Please contact me at either of my email addresses, listed below.

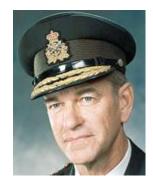
Cost for the land portion of the trip is \$2750.00 (double occupancy), hotels, many meals, bus transportation, and guides included. It is too early to estimate cost for round trip air fare at this time, however, our agent believes that airfare from Ottawa should be in the range of \$1300.00, taxes, fees, and transfers included.

For further general information you can contact me at work at <a href="mailto:rob.duncan@forces.gc.ca">rob.duncan@forces.gc.ca</a> or at home at <a href="mailto:vimyridge2012@gmail.com">vimyridge2012@gmail.com</a>. For details on costs, specific tour information, meals, or to make a reservation, please contact our travel agent At the CAA, Valerie Radwanski, <a href="mailto:vradmski@caaneo.on.ca">vradmski@caaneo.on.ca</a> or by phone 613-736-9696 extention 2634

It may seem early to be considering this opportunity, but since we have arranged this trip privately, we only have "control" of it for a short period of time. Our efforts at bookings have been successful so far so we have been assured a little more "exclusive time", but we expect that CAA will want to take control sometime early in the Fall to open it for their travel agents across Canada. If you are serious about going, I encourage you to consider contacting Valerie at your earliest convenience and making a deposit of \$250.00, per person, to ensure you have a place on our tour

Thanks for your interest. I look forward to having you join us on this tour.

### **Obituary**



Retired Major General J.P.R. "Bob" LaRose , CD

Peacefully on May 15, 2011 at Rideaucrest Home, Kingston, ON. He leaves behind his wife of sixty two years, Mary Joyce LaRose, and a proud extended family, including his son Paul (Marilyn), daughters Michele (Chris), Denyse (Moahengi) and grandsons Mike, Andrew and Ian.

Born on May 23, 1925 in Kapuskasing, ON, he worked briefly in the mines until he was old enough to enlist as an airman in the Canadian Air Force at the tail end of WWII. Post war, he took the opportunity given to veterans and became the first in his family to go to university. Bob was a valuable defenseman for the University of Toronto Varsity Blues hockey team. On graduation he decided not to accept a draft offer from the Boston Bruins but signed back up with the military, this time as an army officer. Bob was a soldier's officer. His guiding maxim was: "Take care of your men first," which endeared him to his troops. He commanded a tank troop in the Korean War with the Lord Strathcona's Horse and then in Germany with The Fort Garry Horse. He would have retired nicely as a Colonel if bilingualism had not arrived in the Canadian Forces. Bob was the perfect individual to command Canada's first French speaking armoured regiment since WWII. Bob drew upon his drive to succeed and his ability to motivate those around him, and he established the 12e Regiment Blindé du Canada in 1968. He always considered this the highlight of his career, even though he was later promoted to Brigadier General commanding all Canadian UN troops in the Middle-East and then promoted again to Major General (Chief Land Doctrine and

Operations) at National Defense HQ. Bob also had successful careers upon retirement from the military. First with Touche Ross & Co. and then as the Director of the Association of Canadian Community Colleges, taking the ACCC back from the brink of bankruptcy and returned them to financial health. Yet his military career was far from over as he was the Honorary Colonel of his regiment, the 12e RBC, then Honorary Colonel of the Armoured Corps, and then Honorary Lt. Colonel of the Governor General's Foot Guards from September 1, 1990 to April 16, 1996. He focused his energies to motivate and support all of his colleagues. He worked tirelessly with officers and friends of the Armoured Corps to fund the research and publication of "The Royal Canadian Armoured Corps - An Illustrated History", published in 2000.

#### **Memorials and Tributes**

Estelle Lane

#### **Greenwood, Grant Carmount B48793**

At Rockwood Terrace, Durham, Ontario on Wednesday January 26, 2011, in his 89<sup>th</sup> year. Grant served with 21 CAR (GGFG) and was a Life Member of the GGFG Regimental Association.

#### Joiner, Frank

Peacefully on the morning of Sunday March 6, 2011 in his 97<sup>th</sup> year. Frank served with the Regiment from November 1931 until February 1933. He was the brother of Marty Joiner who served with 21 CAR (GGFG) and is a Life Member of the GGFG Regimental Association.

#### **Boughton, Col John Curtis**

At home on Sunday April 3, 2011 in his 86<sup>th</sup> year. Beloved father of Kent and Michael Boughton, both former members of the Regiment. Kent from 1973-1980 having attained the rank of Sergeant and transferred to the RCR as a commissioned Lieutenant. Michael joined the Regiment from 1976-1991 having attained the ranks of Master Warrant Officer (CSM). Michael is also a member of the GGFG Regimental Association.

Col Boughton served with the RCAF and the Canadian Parachute Corps during WWII. He rejoined the Army as an Officer in the Royal Canadian Electrical and Mechanical Engineers.

#### Maxwell, Melvin

Peacefully on Monday April 11, 2011 at the age of 69. Mel was a member of the Regiment during the 1960's playing trumpet with the Band.

#### Beaudoin, Royal C58136

In hospital on Friday April 22, 2011 in his 91<sup>st</sup> year. He served with the Regiment early in the war and later transferred to the Ontario Regiment.

May their souls and the souls of all the departed, rest in peace

### Mailbox

My warmest congratulations to you and all who had a part in the March email edition of Guards Star. It is first rate, readable and informative. I like the format. Till the next edition!

Honorary Colonel Grete Hale

### NEXT ISSUE....

Submissions for the next edition of the GUARDS STAR are due August 23, 2011

### **Membership**

### **Membership Application and Renewal**

Membership Fees Annual \$25.00

Life \$100.00

Life membership may be granted to a member of the Foot Guards of a lump sum of money once the member has reached the age of sixty-five (65).

Please return this section to the Association

| Name                                       |                 |
|--|-----------------|
| Address                                    |                 |
| City                                       |                 |
| Telephone                                  |                 |
| Email Address                              |                 |
| Dates of Service from                      |                 |
| Decorations                                |                 |
| Date of Birth                              |                 |
|  |                 |
| Please find enclosed \$                    | for Annual/Life |
| Membership in the Foot Guards Association. |                 |
| -  |                 |
| Signature:                                 |                 |
| Date                                       |                 |
|  |                 |
| Applications and dues to b                 | e returned to:  |

The Foot Guards Association PO Box 1212, Stn B Ottawa, ON, K1P 5R3

Attention: Membership Chairman



### GOVERNOR GENERAL'S FOOT GUARDS

#### REGIMENTAL ASSOCIATION

### 5TH ANNUAL REGIMENTAL WEEKEND

The Executive of the Governor General's Foot Guards Regimental Association wish to extend to all members of the Regiment and their significant other, and to the widows and children of former members, an invitation to attend this year's annual reunion dinner.

| Date:  | September 23 <sup>rd</sup> -24 <sup>th</sup> , 2011         |
|--|---|
| Location:  | Cartier Square Drill Hall, Ottawa, Ontario                  |
| Memorial Service:  | Saturday September 24th, 18:00 hours                        |
| Dinner:  | Saturday September 24 <sup>th</sup> , 18:30 for 19:00 hours |
| Dress:   | Association dress or business suit with medals              |
|  | Ladies equivalent   |
| Cost:  | \$50.00 per person  |
| Annual General Meeting: Will be held at 1900 hours Friday September 23rd 2011.  This will be followed by a meet and greet at 20:00 hours in the GGFG Officers' Mess.  (Dress – relaxed – NO JEANS) |   |
| Name   | Tel: No   |
| Enclosed is my payment of \$50.00 per person.  Please indicate if you plan on attending the Meet and Greet YesNo   |   |

## Please advise of any food restriction at time of purchasing dinner tickets

# The deadline for tickets is September 16<sup>th</sup>, 2011

Cheques are to be made payable and mailed to: Governor General's Foot Guards

Regimental Association

Attn: Dinner Chairman

P.O. Box 1212, Postal Station B Ottawa ON K1P 5R3 613-233-6979 elane22@rogers.com