

The Guards Star

Foot Guards Association, Box 1212, Station B, Ottawa, Ontario, K1P 5R3
Regimental Website: www.footguards.ca

DECEMBER 2010

EDITOR: ESTELLE LANE



Message from the President

MWO Marty Lane, CD (Retd)

Here it is December already and so far this year we have had nothing but rain, maybe this will be the year that we get no snow. December means that another year has passed and Christmas is almost upon us. Hopefully all of our deployed troops will have completed their deployment and be home by then.

The Regimental Association held their Annual reunion weekend on November 26-27th. It was much later than usual this year in order to give our deployed troops a chance to attend as our new veterans. The idea for this was that the new veterans could meet and mingle with the WW2 veterans. As it turns out, not as many were back as had been anticipated, but some of the returned soldiers were in attendance.

The weekend started off with a visit from His Excellency Governor General David Johnson on Friday afternoon. As Association President it was an honour to be part of the official greeting party. After the fanfare, the Governor General along with the Commanding Officer LCol. Derek Cheff, CWO (RSM) Art MacKenzie and myself visited various areas of the Drill Hall; the Museum, Band Room, Small Arm Training Simulator (SATS), and the Messes where he was greeted by the presidents of the respective messes and was shown around each mess. I might add that His Excellency tried his hand at rifle shooting and for a first timer he did well. After a few speeches he was able to meet and speak to many of the Regimental Family members that were present.

The Annual General Meeting held on Friday evening was well attended and I would like to thank the current Association Executive who have remained and welcome the new members who have joined the executive. We now have a complete slate of officers to head up the various committees and are now going to be looking for people to help out as members of these various committees. If you are interested you may contact any member of the executive whose names will be listed on the Regimental website shortly.

Saturday night started out with the Memorial Service conducted by Padre David Clunie. Cpl Ann Gregory played last post and reveille, and Brad Hampson piped the lament. The dinner opened with a rendition from the Regimental Band conducted by LCol Fran Chilton-MacKay which was appreciated by all. The meal of filet mignon, and baked Alaska proved to be a big hit with everyone. Cpl Anthony Near did a fine job as the Master of Ceremonies. Many thanks to all those who contributed in making this evening a success.

Once again I appeal to all members of the Association with new ideas to bring them forward to the executive for consideration. We will look at all suggestions that are submitted to the Committee.

On behalf of Estelle and I, I would like to wish each and every member and their families a safe, healthy Merry Christmas and a Happy New Year

Message from the LCol Comd

LCol Derek Cheff, CD, AdeC

We are on the cusp of the Holiday Season after a productive fall training period. In fact, by the time you read this, the Regiment will have completed Ex Digital Guardian and will be on the downward slide to the Junior Ranks Christmas Dinner on the 10th of December.

Free weekends for serving members this fall have been sparse. Our tempo has included four very well-executed unit exercises, significant battle school support, extensive musical engagements, house duties, technical inspections and verifications, and a variety of other demands. Interspersed we have seen a very high level of participation in the Army Run Weekend where our 5km team took home the bronze medal, we conducted the Investiture Guard of Honour, and worked as a Regimental Family to host the Association Weekend. All of these were achieved smartly and with precision. Thanks go to all of you for making this all happen, and looking good doing it.

For the few of you who were at the weekend, it was an outstanding success; one which pulled the Regimental Family together meet the Governor General and to revisit old times. On his departure, the Governor General expressed his personal appreciation for being introduced early to regimental life. At that time, he also asked me about how he would go about more casual visits on Tuesday nights, so I believe we may see him from time to time at the Drill Hall as his busy schedule permits.

The Sergeant Major and I have welcomed back seven returning soldiers to date, and our last man off the plane from the roto will be Colour Sergeant Woods on the 19th of December. All will be home for the holidays, except for Cpl Cross, Cpl Henry and MCpl Popodick who are now departed for their tours in Afghanistan.

Looking ahead once again to the holidays, while we will be stood down from December 14th until the 4th of January, I hope that many of you and

your families can make it to the St Bart's Carol Service and Kids Christmas Party on the 18th of December. The Service will start at 1300 hours. The Holidays are not complete without attending this special event.

Nancy, the kids and I extend our best wishes to all of you and your families for this Holiday Season. I hope you take the time to rest and regroup during this time. Remember, the Regiment needs you refreshed and back in one piece for the 4th of January, as we will have a busy winter training session to look forward to.

Merry Christmas, and be safe.

Message from the RSM

CWO A McKenzie, CD

First off, I would like to welcome back all our personnel from TF 1-10. As of the publication date we have welcomed back 7 of our 14 soldiers with the last arriving back on December 19. I spoke with all of them individually and all have conveyed their feeling of successful tours. We look forward to seeing them once again back in the regiment after some well deserved leave. As we are welcoming back these personnel we say good luck to MCpl Popadick, Cpl Henry and Cpl Cross as they leave in early December for their operational tour in Afghanistan.

The organizing committees of both the WO I Keating Club and the Regimental Association should both be commended for organizing two very good events which brought out the extended regimental family. First the WO I Keating Club hosted a Life Member's night on November 12th for those members who have left the regiment with nine years service in the Sgt's Mess. Then on November 27th the Regimental Association held its annual dinner and dance. It was very enjoyable to once again see our old friends and catch up on each others crimes since we last conversed. We even had the pleasure of welcoming back LCol Delaney and Cpl Giamberardino from Afghanistan as they

attended the evening in their desert CADPAT right after landing at the Canada Reception Centre.

The highlight of the autumn training period was the visit by the Colonel of the Governor General's Foot Guards, His Excellency the Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada. He was given a tour of the various areas within the Drill Hall and then mingled freely with all the members of the Regimental family. It is an extremely rare occurrence to have a serving Governor General visit the Regiment at the Drill Hall, so this will be remembered by all for a very long time.

Finally I wish all the regimental family a Merry Christmas, Happy New Year and the best of health in the upcoming year.

WO1 Keating Club

CSgt Guy Doucette, CD

Since my last article in the Guards Star, the WO 1 Keating Club has had quite a few successful events. On the 2nd of May we celebrated the 125th Anniversary of the Battle of Cut Knife Hill with our 83rd annual dinner. Thanks to our Guest Speaker, Dr Robert Caldwell, for a very interesting speech about the Regiment's part in the battle.

The dinner was well attended by current and former members of the mess as well as from members from other Regiments of Guards and the Queens Own Rifles. There was one member of the International Diplomatic Corps, the Attaché from Germany. Everyone attending the dinner received a commemorative Cut Knife 125 wine glass.

Prior to the dinner, the current and former members of the mess sat / stood for a photo that will be hung in the mess. If anyone is interested in a copy of the photo or extra wine glasses please contact me for details. guy.doucette@forces.gc.ca

Our next event was a very successful Regimental Birthday BBQ, held at the Drill Hall and in the Mess. Thanks to Sgts Alexis Dallaire and

Franklin "Tim" Van Veen and Carey Godfrey for their great help cooking and baking cakes. A special thanks to CSgt Gord Birkinshaw and Sgt Jean Benoit for their work organizing the event.

The Mess regained its winning ways at this years Adjutant's Cup A good game, Ten touchdowns for the Keating Club to somewhere between 5 and 9.9 for the officers . Math skills were called into question a few times. Friendly reminder to the officers mess that the Adjutant's cup should not become a "pants optional" event, so please refrain from removing Sgt Kralt's pants in the future. Thanks.

Thanks to all who attended the WO 1 Keating Club Life members wine and Cheese on November 12th. The next Mess event will be the New Year's Levee

Our 1st Mess Golf tournament fell through this year because we ran out of time to plan it properly, however we will make it happen next year. Keep watching for details

Congratulations to the new 2011 WO1 Keating Club mess executive: Good Luck in the new year, to the old Committee and thanks for all the support over the last 2 years.

PMC: MWO Dave Snyder CD
 VPMC: CSgt Gord Birkinshaw CD
 Treasurer: Sgt Aaron Bott
 Secretary: Sgt Tim Franklin Van Veen
 Entertainment Committee:
 Sgt Postma , Sgt Thomlinson CD ,
 Sgt Kowlessar CD
 Auditors: CSgt Marleau, CSgt Witol CD

After a very "interesting" training year, the mess was busy in other ways. The following members welcomed new additions to their families. CSgt Gord Birkinshaw and Ariel had a baby girl Chelsea Luisa, CSgt Guy Doucette and Julie a baby girl Clara, Sgt Garreth Webb and Christine a boy Max aka MC Webb, CSgt Rob Nevin and Sheri a girl Teagan, Sgt Marc Chassé and Val a boy Simon.

Last but not least, Sgt Jean Benoit and Peter will have welcomed their second who was due November 27th.

Musical Notes from the Band

LCol Fran Chilton-Mackay, OMM, MSM, CD

The Band has once again had an extremely busy fall and by the time our Christmas break rolls around we will have completed 33 engagements since September. Several performances for the Governor General and the senior Canadian Forces leadership throughout the fall have enabled the band to showcase its diverse talent. Indeed the Regimental Band is alive, well and able to hold its own against any other band in the CF, Regular or Reserve.

Our Jazz Combo is now in high demand, having played this fall for the Inaugural Reception at Rideau Hall for the new Governor General; the General Officer/Military Attaché Dinner at the Army Officers Mess, and a return performance at Rideau Hall for the Governor General's Literary Awards. In addition the Fanfare Team continues to perform "heraldic feats" for several openings, conferences and ceremonies.

Most recently the band participated in the Help Santa Toy Parade. While not strangers to this event, it was a first in that the parade is now held in the evening. Some quick adaptation to a flat bed truck from Gervais Towing enabled the band to perform sitting down on a lighted float!! An experience it was, and despite the very cold weather we were still getting sounds out of our instruments at the end of the parade. Necessities being the mother of invention, no doubt the musicians are already scheming for ways to heat the float for next year's parade!!

We have welcomed three members on attach posting from other Army Reserve Bands who are currently working or studying in Ottawa; Sgt Carin Dodsley from the Royal Regiment Band, Toronto; Cpl Marcel Sekine from the Queen's Own Rifles of Canada Band, Toronto and Cpl Jamie Leblanc from

the 34 Brigade Band, Montreal. A fond welcome also to Musician (Ret'd) Gordon Tait from the Scots Guards Band who has immigrated to Canada following his introduction to "us" in Bermuda last year! Having reversed this process, our own MCpl Lauren Reade is currently on a leave of absence and enjoying herself in London. So it seems our net loss gain following the memorable Bermuda band trip currently stands at 'zero'! We will keep you posted with regard to further developments but rumour has it one proposal of marriage has already occurred.

Sadly we will be saying goodbye to MCpl Trevor Argue who was the successful candidate for the Regular Force trombone audition this fall. He will be transferring to the Regular Force in early December and joining the Central Band of the Canadian Forces here in Ottawa. Trevor has also been working Class B our Unit Orderly Room as a clerk. His talent, enthusiasm and positive attitude will be sorely missed. We wish him well in his new full time career as a musician and secretly hope he will want to moonlight with us occasionally.

The Band will once again be putting on a Christmas Concert at St Joseph's Parish in Orleans on Sunday December 12th at 2:00 pm. We would love to see you there as we celebrate the holiday season.

Exercise Guard Assistance

2Lt S.G. Miller, 2 Plt. Understudy

Exercise Guard Assistance was a joint training exercise between the Governor General's Foot Guards, 33 Signals Regiment and 28 Medical Company. The mission was for 1 Company group to provide support to the Township of North Stormont in order to assist their municipal authorities in restoring essential civil services. All three units deployed to the township of North Stormont and were split into two base camps, one in Moose Creek and the other in Avonmore. The scenario mirrored the event of the ice storm, which befell the area in 1998, the same area in which the Foot Guards were originally deployed.

The scenario involved the localities being without power for one week resulting in North Stormont and its emergency support structure asking assistance. To aid the Township, both platoons with medical attachments were tasked with conducting foot and mounted patrols while maintaining security in their bivouacs. The citizens, role-played by the Cameron Highlanders of Ottawa, varied their interactions with 1 company from general inquiries, to disgruntled people looking for supplies to police officers requiring assistance to search for lost persons. The local fire departments were also engaged to include a joint response to a multi-vehicle accident. The scenarios as a whole were geared towards rendering assistance to a civil power, and interacting with the locals in the context of a civil emergency they were impacted by.

Specific tasks included recces to deduce the local infrastructure, leadership, shelters, transportation routes, emergency services functionality and capacity. Soldiers were also exercised on their domestic operations rules of engagement and render assistance to emergency situations. During the time spent around the Township both platoons interacted with the actual inhabitants and with positive feedback received.

A signals detachment from 33 Signals Regiment provided excellent support throughout the weekend. The personnel of 28 Medical Company assisted in learning the roles of attached medics and the importance of passing proper returns and reports. They also received realistic training through simulated casualty evacuation situations.

During the weekend, each soldier learned and practiced the skills needed to effectively respond to a domestic emergency. The exercise concluded with a parade in the town of Berwick to thank the Township for being such generous hosts.

150th Anniversary Fund

Martin Lane, CD

As many of you may not be aware we are celebrating the 150th anniversary of the Regiment in the year 2022. I know that is twelve years off but it will be upon us in no time. At the annual general meeting held on November 26th it was moved, seconded and carried that we start a fund to raise money so we can commemorate this occasion properly.

At the AGM, two members came forward with generous donations to start it off. The fund will be used for special functions and to carryout special projects to commemorate the anniversary year. Persons donating to this fund will be issued an Income Tax receipt from the Association. This money will be accounted for separately and when a substantial amount is collected it will be converted into an interest bearing certificate.

Regimental Museum

Martin and Estelle Lane, Curators

Greetings from the freshly painted Regimental Museum. After badgering Public Works for the past three and one half years to paint the Museum it was finally done the week prior to the Governor General's visit. This necessitated a considerable amount of work as we had to remove everything off the wall, move all cabinets and then reconstruct the museum. Needless to say timing was not the best but we are nevertheless grateful that it has finally been done. The place looks much brighter.

On November 4th we were once again invited to set up a display at Billings Bridge Plaza during Veterans Week celebrations. Many thanks to Corporals Nicolas Mann and Mark Condon for their participation in the opening ceremonies and for their assistance at the museum display booth. Their interaction with the school children was outstanding. Both men are a credit to the Regiment.



Our collection continues to grow as people donate various items which belonged to loved ones and we are grateful to the donors of these artifacts. Our thanks to Chris Murphy of the Camerons Museum for putting us in contact with a one hundred year old lady who donated 2 shooting cups, spoons, 2 swagger sticks as well as 2 photos belonging to her father who served in the Regiment in the early 1900's. More recently, the children of Henry Corrigan presented their father's medals to the museum during the Reunion Dinner on November 27th. This is a most unique set of medals as Henry served in the Navy during the war and has the Atlantic Star rather than the standard 39-45 and France and Germany Stars. We also received a donation from the grandniece of Sgt Crawford Dolan who served with the 77th Battalion of WW1 medals and Memorial Penny. He was killed in action on August 19, 1918.

Association Notes

The Chairman of the History and Traditions Committee has completed a short biography of the 19th century GGFG Bandmaster Arthur A. Clappé which was presented to the regimental museum on Friday November 26th. Research will now be started to complete a similar biography on the GGFG's first Bandmaster John C. Bonner.

Since the restructuring of the Regimental Association the History and Traditions Committee has consisted of one person – the Chairman. He would welcome hearing from anyone wishing to serve on the Committee and further its mandate.

Jim Milne can be reached at 613-829-5492 or bytownt brass@aol.com

From the Guards Cadet Desk

Major Silver Buckler, CD

This year's training got off with a fast start and continued to gain speed over the past few months. This year we have been focusing on getting new recruits in the door, training them and putting them in uniforms as soon as possible. On top of this, we have implemented a new training program for the Silver Stars (third-year), and we have re-organized the reporting structure of the unit's officers. These changes are necessary, but they have made quite a bit of work for us!

The cadets have had a successful year so far, one which began with the completion of their summer training. We had cadets in many parts of Canada and the world, including South Korea, Wales, Scotland, Valcartier, Borden and of course Connaught. The course reports were for the most part excellent, with some being truly outstanding. Suffice to say the cadets are comporting themselves in true Guards form, striving for and achieving excellence in what they do.

In August we hosted a contingent of Barbadian cadets for the reciprocal part of our Canadian / Barbadian exchange. The only bad part was the weather, which was the coldest week of the summer. Despite this, the 'Bajans' had a great time, and were fascinated by the attractions Ottawa had to offer including the War Museum, Parliament, Cartier Square, CRPTC Connaught, various tours, and the Calypso water park. They had a wonderful time here, and it has cemented a relationship between the cadets of our two nations.

Our major activities to date (besides general training) have been participation in Remembrance Day activities and a two-day exercise at Cartier Square Drill Hall. In addition, we have been training for optional activities, including drill team, band, biathlon and orienteering. The orienteering teams did well, with the female team advancing to Regionals and two of our individual cadets, CSgt Ali and CSgt Roy placing second and third, respectively. We are also preparing 19 cadets for their national testing, which begins in January. Last year we took the top spot in the region, and we hope to do it again this year!

All cadets' work will undoubtedly reward them later in the year. In recognition of the support they have received so far this year, we would like to thank the Kiwanis Club of Canada, Branch 595 Strathcona Royal Canadian Legion, the Army Cadet League of Canada, Support Committee, Officers, and Volunteers. Without their help, we would not be able undertake all the training we do!

Up the Guards!

Mailbox

The Regimental Reunion Dinner was once again a huge success due to the dedication and hard work of Marty and Estelle Lane. I had attended two previous dinners with my father, Henry Corrigan. This one was a little different. My brother Mark and his wife Donna attended for the first time. Mark was a member of the unit in the late 60's early 70's. It was an emotional evening because the family decided to donate Dad's medals to the museum. Mark spoke briefly about what the regiment meant to Dad and that now he would be "AT HOME" in the Drill Hall. Both of us commented that as a family we had spent so much time in that grand old building and it still held the power to evoke so many memories for us that we too felt at home. This was especially evident when the Regimental Band played "Milanollo".

After dinner a number of the junior ranks sought out Mark and I to thank us. Some of them remembered Dad, but those who didn't knew his

name. It was a pleasure talking to them and to share the pride we all have in this proud regiment. Dad always believed if you treat the junior ranks well you end up with great sergeants.

The highlight for us was meeting the three guardsmen who had just returned from Afghanistan. I only met two of them but I was honoured to be in their presence. I know that Dad would have been very proud of them and their commitment.

The decision to invite widows and children of former members to this reunion weekend was a wonderful idea. I only hope that more will attend in future years to help keep the spirit of what it means to be part of this great regimental family.
"UP THE GUARDS"

Anne (Corrigan) Burke

I must let you know that, due to clinical commitments and the new baby, I will be unable to attend the upcoming Regimental Association weekend. My partner Tracey and I hope to be able to attend next year when it will hopefully be easier and more appropriate to take advantage of babysitting. Our daughter (Imogen Amelia 6lbs, born July 5th at 0846h) has already attended Fortissimo and the recent Remembrance Day ceremonies. We are thankful that she fell asleep just before 1100h at the latter. She had a front-row view of the veteran's march past and was awake as soon as the guns began their salute. We plan on making that an annual event for her so that she will appreciate all of the sacrifices that members of the regiment have made and continue to make for our country.

I hope the weekend is a great success!
Best wishes to you and all of the past and present members of the Regiment!
Rick Zamora



Memorials and Tributes

Estelle Lane

Viscusi, Joseph Armand B. – D131405

On June 30, 2010, in Ormstown, Quebec, at the age of 85. He served overseas with 21 CAR (GGFG).
(Thank you to Ramsey Withers for the information)

Fortington, Victor

At home in Perth, Ontario on Tuesday September 21, 2010 at the age of 67. Vic served with the GGFG in the 1960's, and was a Life Member of the Foot Guards Association.

McMillan, Chesley Joseph Edison – C58083

Passed away at Carlingview Manor on Friday, September 24, 2010, in his 93rd year. He served overseas with 21 CAR (GGFG).

Lee, Edward (ED) C/Sgt (ret'd)

On Thursday September 30, 2010 at the age of 67. Ed served with the Regimental Band from 1965 to 1978 and served as President of the Sergeants Mess during the Regiment's Centennial.

Brocklehurst, Wayne Arthur LCol (ret'd)

Passed away on Wednesday, October 6, 2010 at his home in Toronto, following a challenging struggle with cancer. He was in his 69th year. LCol Brocklehurst spent his life in uniform. Starting off with the Canadian Grenadier Guards, he joined the Regular Force, serving with the First and Second Battalions of the Regiment of Canadian Guards, the Royal Canadian Regiment and the Airborne Regiment. He was also the first Commanding Officer of the Ceremonial Guard, staying in appointment from 1979 to 1981.

(Thanks to Jim Milne and Rob Duncan for the info)

*May their souls and the souls of all
the departed, rest in peace*

NEXT ISSUE....

**Submissions for the next
edition of the GUARDS
STAR are due February 22,
2011**

Membership

Membership Application and Renewal

Membership Fees Annual \$25.00

Life \$100.00

Life membership may be granted to a member of the Foot Guards of a lump sum of money once the member has reached the age of sixty-five (65).

Please return this section to the Association

Name _____
 Address _____
 City _____ Postal Code _____
 Telephone _____
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 Dates of Service from _____ to _____
 Decorations _____
 Date of Birth _____

Please find enclosed \$ _____ for Annual/Life Membership in the Foot Guards Association.

Signature: _____
 Date _____

Applications and dues to be returned to:

The Foot Guards Association
 PO Box 1212, Stn B Ottawa, ON,
 K1P 5R3
 Attention: Membership Chairman

REGIMENTAL KIT SHOP PRICE LIST

December 2010

Badge, collar, Sr. NCO, each	\$ 14.00
Badge, rank, Major, St. Edward's Crown pr	\$ 32.00
Badge, rank, small, CWO	\$ 26.00
Ball caps, crested	\$ 15.00
Belt, black, w/crested buckle	\$ 18.00
Belt, riggers, khaki	\$ 10.00
Blazer crest, silver wire	\$ 25.00
Block note pad with Regimental Crest	\$ 5.00
Book, Regimental History (hard cover)	\$ 50.00
(soft cover)	\$ 25.00
Boot bands, pair	\$ 1.25
Buckle, belt, crested	\$ 14.00
Bungee cord kit	\$ 12.00
C.D., Regimental Band(On Duty with the Guards)	\$ 15.00
C.D. Canada's Heritage of Military Marches	\$ 18.00
(performed by the Band of the GGFG)	
Coasters, Mylar	\$ 5.00
Coffee Mug, plastic w/lid, khaki	\$ 8.00
Collage and war map	\$ 2.00
Cord, gold, (per inch)	\$ 2.00
Cord, white, (length)	\$ 3.00
Cover, field message pad, khaki	\$ 14.00
Cufflinks, silver w/star	\$ 15.00
Decals	\$ 1.50
Earrings, silver w/star	\$ 10.00
Flag, Regimental	\$ 60.00
Garter Star pair	\$ 32.00
Golf shirts, crested	\$ 30.00
Helmet Liners, khaki	\$ 13.00
Key chain, plastic, Regimental Colours	\$ 4.00
Lapel pins (Guards Star)	\$ 8.00
Plaque, Regimental Crest, (pewter) large	\$ 90.00
**Plaque, Regimental Crest, pewter small	\$ 45.00
Regimental Coin	\$ 8.00
Shoulder titles, cloth, pair	\$ 2.00
Tie pins, silver w/star	\$ 8.00
Tie, blue w/Regimental star, (polyester)	\$ 12.00
Tie, Brigade of Guards, (silk)	\$ 35.00
Toy Soldier, 125 th Anniversary	\$ 25.00
Track suits, crested	\$ 50.00
Tuques, fleece	\$ 13.00
T-shirt, V-neck, khaki, w/star	\$ 12.00
T-shirt, crew neck, navy, crested,	\$ 18.00

NOTE:

1. Prices subject to change without notice
2. Prices do not include the cost of shipping & handling.
3. Allow 4-6 weeks for delivery.
4. All orders must be prepaid by cheque or money order.

Telephone: 613-233-6979
 Email: elane22@rogers.com

** denotes new item

