



The Guards Star

Foot Guards Association, Box 1212, Station B, Ottawa, Ontario, K1P 5R3

Regimental Website: www.ggfg.ottawa.on.ca

DECEMBER 2008

EDITOR: ESTELLE

LANE

President's Message

Marty Lane, CD

Here we are starting to think about Christmas once again. This means that another year has passed us by. This is somewhat of a different holiday this year as we have so many of our fellow guardsmen who will be away in Afghanistan for Christmas. We can assure them that our thoughts and prayers will be with them until they return to Canada and we will remember them on December 19th when we meet for the Junior Ranks Christmas dinner.

This year has been a busy one for the Association Executive and we have completed a couple of our outstanding projects. We have progressed quite a bit with the amalgamation of the Association and Foundation into one organization with just the Government red tape remaining to be completed. I'd like to thank Jim Milne and Jack Fleming for the work they did on the Statue project, seeing it to its completion in accordance with the N.C.C. specifications.

There are still a few minor problems with this but they have been looked into and the contractor will correct these as time and weather permit. Once again a successful Regimental weekend dinner was held in October thanks to Estelle who once again volunteered to be the Dinner Chair. Thank you also to thank the members of the Executive for continuing in their positions for another year.

If you have any ideas for future events or suggestions for the Regimental Weekend, please bring them forward to the Executive and we will definitely discuss them.

On behalf of the Association Executive, Estelle and myself, best wishes to all members of the Association for a safe, healthy Merry Christmas and a Happy New Year.

Message from the LCC

Lieutenant Colonel Rob Foster, CD, ADC

With less than a month left of 2008 we are starting to wind down unit training as soldiers prepare for Christmas holidays. Morale continues to be high, as we have delivered an interesting and challenging training program to all members of the Regiment. The current Regimental effective strength is 232 with 15 deployed on operations.

We are currently into the second month of our largest international deployment since World War Two. The Drill Sergeant (MWO MacKenzie) is in Sierra Leone and should be back on 11 December 2008. Major Cheff is in Kabul along with MWO Snyder, Captains Shanahan and Barber, C/Sergeant Witol, Sergeants Postma and Joly, Corporals Altoft, Beckett, Hall, Mann, Westra, Wong, and Wright are all in Kandahar. Captain Bell is finishing up pre-deployment and leaving for Sudan next month.

As many of you have now heard an improvised explosive device attack took place in Kandahar Province, Afghanistan at 210831Z November 2008, which resulted in 8 Canadian wounded soldiers. This incident was particularly hard for the Regiment as Sergeant Dominique Kowlessar was one of the wounded, a bruised lung along with minor scrapes and bruising. He returned to Ottawa last week and is in some discomfort from the injury to his chest and continues to take pain medication. He is in good spirits, happy to be home and happy to be reunited with his family. His AO, Capt Hladik, will coordinate and setup the visit schedule for the Civic Hospital for members of the Regimental family.

We are supporting the Battle School with support to the Basic Military Qualification Course and the Primary Leadership Qualification Course. We are providing 10 instructors and 18 candidates.

We had three Sergeants (Thomlinson, Marleau and Roos) complete the Platoon 2ic course. Well done to all three for successfully passing the course!

Major Lynam took the lead in providing a Platoon and a Company HQ to support a Domestic Response Exercise at CFB Trenton in November. From a command and control standpoint the exercise was a good refresher, unfortunately

from a "soldier" perspective, the training value was somewhat limited. We will be improving future domestic exercises to make them more challenging.

The Regimental Band remains extremely healthy. There are currently 35 members on strength. The Band has participated in 33 events since the 1st of April 2008 with some of the highlights being the Vimy Award Dinner, support to the Army Run and also the Help the Aged Dinner and auction held at the Drill Hall. Over 350 guests with \$90,000.00 raised for seniors in the local area.

The Rifle Team has done an outstanding job this past year. We provided 3 personnel to the NATO Reserve Shoot in Scotland in May. We also provided 14 personnel to the Canadian Forces Small Arms Competition with GGFG members winning 6 of the 12 matches including Captain Sean Gagnon with the Queen's Medal, Gdsm Lewis as Top Tyro and the GGFG Team came second in the soldiers Cup. The GGFG represented Canada at the Armed Forces Skill at Arms Matches in Arkansas competing against the best in the US National Guard, USMC and the US Army as well as other international teams. We have been given the lead for LFCA Reserves for CFSAC 2009.

We have been welcomed by the new Rector of St Bartholomew's Church, The Guards Chapel and are re-forging old ties. We participated in a Remembrance Day Service on 9 November where the Brass Ensemble played and I gave a keynote address. The Colours have been re-arranged to correctly identify their positions in the sanctuary.

We supported the Remembrance Day Service at the University of Ottawa on 11 November attended by 4 officers as well as the Band, the Marching Contingent and the two sentries at the War Memorial.

A number of events are scheduled between now and the New Year which I would like you to be aware of for planning purposes. Further information will be provided as the dates become closer. In particular:

The Christmas Dinner will be on 19 December 2008 and the Children's Christmas Party will be combined with the Carol Service on Saturday 20 December 2008 at the

Regimental Chapel, St Bartholomew's. I will be I look forward to seeing all who can attend.

As 2008 draws to a close I wish all members of the Regiment and the Regimental Family a safe and happy holiday season. It is time to rest and be with family and friends. May all of your desires and wishes for 2009 be fulfilled.

Message from the RSM

CWO (RSM) Kevin Carleton, CD

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As this calendar year winds down I am left wondering what happened to the last three months. The unit has been so busy that the time since in clearance in September has just flown by rapidly.

In September, I was fortunate to attend the presentation of the Queen's Medal for champion shot in the Canadian Forces to Captain Sean Gagnon, for the second time (his first was in 2003 when he was a Sgt). This represents the 11th time that a member of GGFG has won this award since 1923.

On the subject of shooting, LCol Foster and I travelled to Little Rock, Arkansas in October to observe some of our soldiers engaged in the Armed Forces Skill at Arms Meet, an international shooting competition featuring some of the best firers from around the world. The other teams were astonished that a single unit in Canada had sent so many good firers when their own country had provided a composite group made up of shooters from all over their country. While our teams didn't win any awards, it was a very educational and rewarding experience.

We recently had three Sergeants return from a month in Gagetown, NB where they were actively engaged in sleep deprivation and stressful situations on course to develop them to become a platoon second-in-command. Congratulations to Sergeants Marleau, Roos and Thomlinson for completing what is probably the last difficult course they will attend. Sergeant Thomlinson was notable for his ability to berate an insolent soldier in the middle of the night, only to discover that he had been yelling at a bush. The staff must've liked what they saw, Sergeant Thomlinson finished third overall on the course. No word on how the bush did.

As you have heard already, Sgt Dominique Kowlessar was injured in Afghanistan on November 21st when the light armoured vehicle he was travelling in drove over an improvised explosive device. Nobody was too seriously injured and Dom is back home now with several sore ribs and thankfully all of his body intact. We received him at the airport in Ottawa and made sure he knew that the Guards family is here for him to provide support in whatever form we can. Dom is proof that a high level of fitness is the key to survival and quick recovery.

Sgt Dave Contini unfortunately suffered a mild heart attack last week, and after a night in hospital was released to go home to recover. Dave is also a strong, fit individual, so we do not expect that he will be down for too long.

On the good news front, I can report that after six months in Sierra Leone, West Africa, MWO Art McKenzie will be arriving back home in Ottawa on 11 December. Like every soldier we have overseas, we will meet him at the airport and congratulate him on a job well done.

In closing, I would remind everyone of the good time to be had on Friday 19 December at the Regimental Christmas Dinner. All of the soldiers will be served by the senior NCOs and Officers as a sign of our thanks for all of their hard work throughout the year. This is one of the few opportunities over the course of a training year that we can socialize one-on-one in a relaxed atmosphere.

Have a good holiday season, and return in January ready to hit the ground running (or sliding).

The Thomas Ross Guards' Officers Club

Lt Elliott MacDonald

It's been a hectic fall for the Officers Mess; there are some new faces to welcome, and some to whom we must, unfortunately, bid adieu. First and foremost, however, I should tell you that the mess has been rejuvenated over the last year and the Regiment now benefits from a substantial level of depth within its commissioned leadership. A tightly-knit camaraderie has developed over the last few months, particularly among the new Junior Officers.

The Officers held their annual dining-in on 21 November 2008 and it was a terrific success. Many of the Officers from the extended regimental family came crawling out of the woodwork for a terrific meal and a great night of socializing. To all those who attended for the first time, or after a hiatus period, please allow me to extend, on behalf of all members of the regiment, a "welcome" or a "welcome home" as the case may be. Notably absent from the function are the three Officers presently serving abroad, Major Derek Cheff and Captains Gray Shanahan and Ryan Barber. We never lose perspective of your sacrifices by being away and wish all of you a safe return.

The members of the subalterns' mess were invited to attend a private corporate function, hosted by Captain Bryan Brulotte where a great time was had by all. It was a pleasure to be in such fine company and all of the Officers who attended can't wait to do it again soon.

The staff of 33 Canadian Brigade Group Headquarters visited the Officers' mess on 25 November and the key highlight of their visit was when Deputy Commander, Lieutenant Colonel Stephen Delaney, a former LCC presented the Canadian Forces Decoration First Clasp to the Lieutenant Colonel Commanding recognizing his 22 years of honourable service to the Canadian Forces. On behalf of all members of the regimental family, sincere congratulations are hereby extended. The Officers Mess also recognizes some career advancement. Congratulations to Lieutenant-Colonel Fran Chilton-MacKay, Major Chris Lynam, Captain Alex Parker,

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Lieutenants Nick Fysh and Andrew Spencer on their recent promotions. Alex is presently attached posted to the PWOR as he finishes off law school at Queens. Well done.

There are some new faces which can be seen coming and going from the anteroom these days. Most of you will get to know the new Junior Officers as the training year progresses and they find their niche. Captain John Weingardt has joined us from the Loyal Edmonton Regiment and we welcome him to the mess for as long as he is in town.

On a sadder note, however, the regiment bids adieu to Lieutenant Bryan Goat who was selected to become a pilot in the Air Force. Bryan "lamented" this news and was, ironically, mugged out at the dining in. In two and a half short years with the Guards, Bryan completed all of his infantry officer phase training, served as the unit Operations Officer, and spent two summers at The Ceremonial Guard where he filled every officer parade position except Director of Music. Recently he joked that there were times he thought about doing that one just for posterity, but alas it never materialized. Best of luck is extended to Bryan in all of the posh hotels his career may bring him to. Turn in your rucksack before you leave.

WO1 Keating Club

C/Sergeant Guy Doucette, CD, VPMC

The Mess continues to be a busy place since the last Guards Star, with a particularly busy month of November. November saw the mess hold its annual elections, and congratulations are in order to the new executive elect: PMC C/Sergeant Guy Doucette, VPMC C/Sergeant Tim Woods, Treasurer Sergeant Heath Bott and Secretary C/Sergeant Neal Porter. They will officially take on their duties in the New Year. Congratulations also to Sergeants Stéphane Marleau, Gareth Webb and Marc Chasse receiving their Canadian Forces Decorations signifying 12 years of loyal service. The mess also welcomed 2 new members on that same evening, Sergeants Carey Godfrey and Angela Steele.

November also saw the playing of the Adjutants cup annual football game between the Sergeants Mess and the Officers Mess. Final Score: Sergeants Kralt and Webb 6, Officers mess 1.

Congratulations to MWO Dave Rennie and Maureen who were married on the 19th of September.

Next on our agenda, the mess is preparing our livers and serving arms for the men's Christmas dinner and the New Years Levee. Reminder to all members we will be open to ring in the New Year as of 10 AM January 1st.

Junior Ranks Mess

Corporal Stuart Thomas, PMC

Since the beginning of the new training year, many of the members of the junior ranks have been busy, with numerous members either candidates or staff on courses, competing in shooting competitions or just keeping up with their studies.

With all this going on it is no surprise the mess finds itself quieter after parade nights, but with our first major event coming up on December 5th, we wish to remind the mess members why it's always worth coming up for a quick drink and a slice of Pizza. On December 5th, the mess will be going to Montreal to experience some of Montreal's unique culture. From the proceeds of this event, 5 dollars a person will be given to the Ottawa food bank in the form of baby food, diapers, and other baby products.

November 11th marked the 90th anniversary of the signing of the armistice, and the Junior Ranks were out in large numbers both in the parade and afterwards, commemorating with the Camerons and down at the Ottawa Legion sharing a few drinks with the veterans. Looking forward to the New Year and other Junior Ranks events.

NOTES FROM THE BAND

MCorporal Rob McKinnon

Once again the band has hit the ground running having racked up an impressive twenty-six engagements in and around the National Capital Region from September to the Christmas break. A highlight among these was the first ever Army Run which boasted 15,000 runners. The band was there on the starting line to provide much fanfare and pageantry as the 5km and half-marathon runners started their respective races. The band had a movie night in September at the Canadian Museum of Civilization as we were on hand to perform for the Ottawa premiere of Passchendaele with the Governor General and Paul Gross in attendance. Other highlights included the now annual Ottawa Senators Home-Opener at Scotia Bank Place, the Help the Aged Charity Dinner, and the Vimy Award Gala Dinner with 2008, honouring this year's recipient, General Rick Hillier.

Several of our musicians distinguished themselves in smaller commitments. Musician Cameron Walker performed at the North Bay Military Tattoo this November. A big thanks goes to Cpl Travis Mandel who performed the last post at the funeral of Gunner Keyes-Oliver, 30th Fd Artillery, RCA, who was killed in a training accident in CFB Petawawa this fall. Congratulations and thanks to the Saxophone Quartet who

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performed a trio of mess dinners in as many days in November. Of course, Brass season is upon us and the Brass Ensembles will be featured in several upcoming engagements including the Mayor's Christmas Party at Landsdowne Park. For all those who are interested, this event will take place on the afternoon of December 6th.

The Band has welcomed a number of new members this year: Musician Angela Hardy from the 3 Fd Artillery Band (St. Johns, NB), Musician Walker from Ceremonial Guard, and Recruit Emma Porter – the daughter of former Band director Capt Porter and former band member Isabelle Brassard-Porter. We also welcome the arrival of baby Zoë to Cpl Michel Cousineau and his wife Ginette and congratulate MWO Rennie on his recent marriage. On a bittersweet note, congratulations to MCpl Dan Hill who recently won an audition to the Regular Force and will be leaving us for Quebec City when his papers come in. Being the phenomenal tuba player that he is, Dan will be missed very much by the band, but we wish him all the best with the band of the Royal 22e Régiment. Bonne chance! Congratulations as well to recently promoted, MCpl Marie Noël Gauthier, MCpl Melanie Mayor, Sgt Carey Godfrey and Sgt Angela Steele.

The Christmas season is upon us and the band will be playing their annual Christmas concert at St. Joseph's Parish with the Church Choir. The concert will be held on the evening of December 13th at 7:30 pm at the church, 2757 St. Joseph Blvd, Orleans. The proceeds from this concert will benefit local charities. The following weekend, the Brass Ensemble will be performing at the Annual Guards' Christmas Carol Service at St. Bartholomew's Church at 1:00 pm.

OP Nanook

M/Corporals Dan Popadick and Tim van Veen



Capt Brian Lypps, MCpl Daniel Popadick, MCpl Angela Steele, Cpl She-Ming Lau-Chapdelaine, Cpl Nathan Platte, Cpl Dave Fascinato, Cpl Erik Altoft, MCpl Tim van Veen, CSgt Neal Porter

OP NANOOK, though consisting of training very different from that usually experienced by infantry units, was by everyone's account most enjoyable. The Land Company operated closely with the Canadian Rangers, learning both about the people of the North as well as how to live off the land.

Upon arrival in Iqaluit, Nunavut, we sat through a couple days of briefings about topics ranging from preventative medicine to the cultural nuances of working with the Canadian Rangers. From Iqaluit, the Guards deployed as part of 2 Platoon by Twin Otter to the town of Kimmirut. This small community of 438 people served as an HQ for the two sections of the platoon, which were sent to different locations out in the tundra.

1 Section bivouacked by a reversing waterfall on a river that had 11 meter tides. There, with the guidance of the Rangers, we caught, filleted, and cooked cod as well as prepared mussels with a tomato-Tabasco sauce (thanks to Capt. Lypps for the recipe). Additionally, the Rangers showed us different roots and berries that we could eat. Beyond the above, one delicacy that many of us experienced was raw cod liver.

2 Section travelled by boat through icy cold waters riddled with icebergs to a remote location roughly 25 kilometers from Kimmirut. The Rangers' boats provided an unforgettable mode of transport for the next 6 days. Once the camp was set up, we endured a thunderstorm that easily made a mess of our crew tents. The Rangers use of McPherson tents proved to be with good reason. Our days out on the land were filled with fishing and accompanying the Rangers as they hunted caribou and seals, as well as sharing stories with the Rangers. On our last day, the section moved by foot over rocky, mountainous terrain from our second, closer bivouac

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back to the town of Kimmirut. This 9.5 kilometer patrol was an amazing trip through absolutely beautiful terrain that will not be forgotten.

In addition to learning survival skills, both sections conducted a number of presence patrols in line with the sovereignty operation's mandate. Land Company personnel were also afforded the opportunity to interact with the local populace through community days held in the towns we visited. Consisting of a BBQ, weapons display, games and face painting, they were enjoyed by attendants and organizers alike.

Overall, the operation was an excellent opportunity for all the Guards who attended. People pay thousands of dollars to experience what we did (though they might pass on the polar bear swim in Frobisher Bay). If any of you get a chance to deploy on future sovereignty operations and work with the Canadian Rangers, all of us who attended OP NANOOK 08 would strongly advise you to jump at the chance.

From the Guards Cadet Desk

Captain Joseph B. Horvath, CD

As is the case each new training year, this autumn has seen some senior Cadet and Staff changes at the Governor General's Foot Guards Cadet Company. We wish well to our former Drill Sergeant, MWO Michael Charbonneau, in his post-secondary studies and his upcoming Recruit Course with the Regiment. We also wish the best of luck to Colour Sergeant Christina Belway, Colour Sergeant Amélie Asboth and Sergeant Bradley Holt who will all have left the Cadet Company by Christmas of 2008. We congratulate MWO Cassandra Hargrave on her recent appointment to the position of Drill Sergeant as well as MWO's Cassandra Carter, Victoria Carter and Tanner McHattie for their recent promotions and appointments as Company Sergeant Majors and Flag Party Commander. I would also like to take this opportunity to welcome the incoming Cadet Company Officer Commanding, Major F.S. Buckler. I have completed my three year term as Officer Commanding the GGFG Cadet Company and Major Buckler will now be assuming command of the Cadet Corps.



September saw the Cadet Company shift into high gear with regards to training and recruiting. In addition to regular Wednesday night training and Monday night band, biathlon, marksmanship and orienteering training, we ended the month with a NCO development weekend held at Gatineau Park's Lac Phillippe Sector. Here, second, third and fourth-year Cadets took part in canoeing, caving, hiking, leadership and navigation activities. The Unit Orienteering Team, under the direction of OCdt Bill Ash and Major Heather Morrison, took part in the Eastern Ontario Area Orienteering Competition and won five medals.



The end of October saw our senior Cadet, CWO Nicholas Asboth, join the Governor General and assembled Veterans for the First Poppy Ceremony at Rideau Hall. The Cadet Company held its Recruit Fall Exercise at Connaught Ranges and Primary Training Centre where the Cadet NCO's led 60 of our first and second year Cadets through safe and

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challenging training on the air rifle range, assault course, bivouac sites and rappel tower under the guidance and supervision of their adult Staff. The last week of October saw over 50 Cadets take part in multiple shifts helping the Eastview and Strathcona Branches of the Royal Canadian Legion with their 2008 Poppy Campaign. The Cadet Company also took part in the City of Ottawa youth job fair known as "Work 4U2". Held at Aberdeen Pavilion, every English-speaking grade eight student in the City of Ottawa visited and researched prospective future careers. The GGFG Cadet Company was chosen to represent the Army Cadet Program and needless to say, it was a great recruiting opportunity.

Activity increased yet again during the month of November with another 50 Cadets from the Cadet Company again taking part in a week of Poppy Campaign support. The Unit as a whole participated in no less than 19 different activities in support of the community for Veteran's Week including time spent with Veteran's Affairs Canada, The City of Ottawa, The Kiwanis Club of Ottawa and our two Royal Canadian Legions. These activities ranged from assisting with the First Poppy Ceremony at Rideau Hall, visits to the Perley-Rideau Veteran's Home, participation in the Kiwanis Remembrance Luncheon, participation in the City of Ottawa Candlelight Ceremony and participation in the Billings Bridge Veterans Appreciation Day to participation in parades at the National War Memorial, National Military Cemetery and at the Eastview and Westboro Branches of the Royal Canadian Legion on the 11th of November itself... just to name a few.



Prime Minister Harper looking fondly at his son Cadet recruit Benjamin Harper

The Unit Military Band took part in the City of Ottawa Santa Claus parade under the direction of S/Lt Tom Watson and Cadet Drum Major Silva. Our unit recruiting initiative was still going strong in November with two more schools visited and 35 prospective Cadet recruits to date having visited the Cadet Company to view training and

consider joining. Our Cadet Sergeant Major, CWO Asboth, was our busiest Cadet during Veteran's Week taking part in at least 10 different activities in support of the Unit.

December will see the continuation of regular unit training, the increase in intensity of band, biathlon, drill and marksmanship teams supplementary training as well as the beginning of National Star Certification Examination Training and initial file preparation for the 2009 Cadet Summer Training Program. There are two social events the Cadet Company would like to invite all members of the Regimental Family to. The first is our Annual Cadet Christmas Dinner being held at Connaught Ranges and Primary Training Centre on Saturday the 13th of December at 1815 hrs in the kitchen/mess facilities located at 4 Snider Road. This includes a full turkey dinner with all the trimmings for a cost of \$15.00 per person; dress will be full uniform or Regimental Jacket and Tie with Medals. The second event will be the Cadet Company Recruit Graduation on Wednesday the 17th of December at 1930 hours inside Cartier Square Drill Hall. All guests will be invited to the Ottawa Garrison Cadet Staff Cocktail Party being hosted by the Staff and Parents Committee of the Guards Cadet Company after the parade, beginning at approx 2100 hours. Dress for the whole evening will be full uniform or Regimental jacket and tie with Medals. If you would like more details, do not hesitate to call me at 613-991-4294 (work), 613-223-7762 (cell) or e-mail me at Joseph.Horvath@forces.gc.ca

The Cadet Company's 2008 "Christmas in Afghanistan" fund-raising drive has been going very well under that direction of Cadet Sergeant Major Nicholas Asboth. Christmas care packages will be mailed to Afghanistan very soon and donations are still being accepted through the "2784 GGFG cadet Support Committee". I would especially like to recognize a couple of former cadets (they know who they are) for a significant financial contribution that they made to help the Cadet Company send some memorable gifts overseas.

The cadets, parents and staff of the Cadet Company would like to take this moment to wish all of our Canadian Forces members and their families, especially our Regimental soldiers fighting in Afghanistan, the very best of a safe and happy Holiday Season.

UP THE GUARDS!

Memorials and Tributes

Estelle Lane

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Baigrie, John (Jack) Elwin

On Saturday August 30, 2008 at the age of 79. Transferred to the Regiment from the Princess Louise Dragoon Guards as a Captain. He served with the Regiment from 1964-66 leaving with the rank of Major

Chadwell, Lillian

On Tuesday September 16, 2008 at the age of 74. Loving mother of Daryl Chadwell served from 1971-74 and was a Lieutenant when he left the Regiment for a career in the Royal Canadian Mounted Police

Blackmore, May

On Wednesday October 1, 2008 in the Ottawa Heart Institute in her 88th year. Beloved wife of Percy Blackmore who served with the 21 CAR (GGFG) and is a Life Member of the Foot Guards Association.

Quinn, Charles Joseph

On Sunday October 5, 2007 at the age of 91. He joined the Regiment in 1934 and later transferred to and served with the Royal Canadian Air Force during WWII, receiving the Distinguished Flying Medal. He was a longtime member of the Ottawa Hunt and Golf Club, an Alderman of Gloucester Ward from 1964-72 and was Director of the Central Canada Exhibition Association. He was also a Life Member of the Foot Guards Association.

Deevey, Norman

On October 11, 2008 at his home in Orleans, Ontario. He worked as a Trainman for CN and was a Conductor for Via Rail. He also served as a Guardsman in the 1950s.

*May their souls and the souls of all
the departed, rest in peace*

Regimental Kit Shop and Museum

Marty and Estelle Lane

The Kit Shop now has Regimental rings available. They are \$110.00 and must be ordered with a \$50.00 non-refundable deposit. Delivery is approximately 4-5 weeks.

Also, please note that the Museum and Kit Shop will be closed from December 10th reopening January 6th, 2009 with the exception of December 17th when we will be opened for a short period for the Cadet Inspection..

Message from the Editor

Most heartfelt thanks to all contributors to this issue for making time in your busy schedules to produce articles on very

Classifieds

Items for Sale

1. Pace stick, new never used, with carrier, \$125
2. Patrol Dress Coldstream Guards original converted to GGFG, UK size 14, fits 40 chest 5'8" (approx) \$250
3. Guards Mess Dress, one owner, Short 40, with stars \$300
4. Guards wool Vneck sweater, 38, made in Scotland \$30
5. Double breasted Moores Wool Blazer with Guards silver embroidered crest, R 38-40, \$75
6. Mess Kit Pants, one owner, Ben Flesher, 32/30, \$75

All items in excellent condition.

contact davidgoddard@sympatico.ca

NOTICE

Please do not forget to notify us of your new address if you are planning to move.

By telephone: 613-834-9539

By email: elane22@rogers.com

**DEADLINE FOR THE March 2009 GUARDS STAR IS
February 24, 2009**

Membership

Membership Application

Membership Fees

Annual \$25.00

Life \$100.00

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Life membership may be granted to a member of the Foot Guards of a lump sum of money once the member has reached the age of sixty-five (65).

Please return this section to the Association

Name _____

Address _____

City _____ Postal Code _____

Telephone _____

Email address _____

Dates of Service from _____ to _____

Decorations _____

Date of Birth _____

Please find enclosed \$ _____ for Annual/Life Membership in the Foot Guards Association.

Signature: _____ Date _____

Applications and dues to be returned to:

The Foot Guards Association
PO Box 1212, Stn B
Ottawa, ON, K1P5R3
Attention: Membership Chairman